



ANNUAL
REPORT
2026



HOLISTIC WELLBEING:

The Intersection of Education & Health

www.theimho.org



“ Health is a state of complete physical, mental and social well being, and not merely the absence of disease or infirmity.”

-The World Health Organization

Our Mission

To develop and improve healthcare services and infrastructure in under-served regions worldwide.

Our Impact

\$14.6 million

23 years

31 countries

50+ hospital & clinics supported

2.6+ million lives impacted

WELCOME NOTE



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June 2026

Dear Friends,

We are honored, as always, to extend our greetings and gratitude to all of the dedicated volunteers, partners, donors, healthcare professionals, educators, and supporters from around the world who make our work possible.

The theme of our Annual Report this year, *"Holistic Wellbeing: The Intersection of Education and Health"*, reflects a fundamental truth: healthy communities are built not only through access to quality healthcare, but also through access to knowledge, opportunity, and education. These two pillars are deeply interconnected. Education empowers individuals to make informed decisions about their health and opens new pathways of opportunity, while good health creates the foundation for learning, growth, and success. Together, they form a powerful roadmap for building more resilient communities, better outcomes, and a more equitable world.

Over the past year, IMHO invested more than \$1.1M in humanitarian assistance and development efforts aimed at serving people in their time of need, promoting overall health and wellbeing, and equipping those experiencing poverty to break free of its vicious grip. With well over 2 decades of experience behind us, we know all too well that the challenges impoverished and struggling communities face cannot be overcome by a single action. Rather, it takes a coordinated and sustained approach that seeks to address these obstacles from multiple angles and prioritizes the development of local civil society. There is perhaps no better way to do this than by investing in the dual pillars of development - education and health.

As we gather again for our annual meeting, we invite you to reflect on the important role each of us plays in advancing holistic wellbeing. The conversations we have, the partnerships we explore together, and the actions we take today can help create healthier, more educated, and more empowered communities for generations to come. We invite you to join us and help continue to grow this work together. We simply cannot do it without you...

With gratitude,
The IMHO Board of Directors

IN SERVICE OF THE PUBLIC GOOD

The International Medical Health Organization (IMHO) is an international humanitarian organization founded in 2003 that serves people and communities in need worldwide through investing in their overall health and wellbeing. Comprised of a dedicated team of volunteers across the US and other countries, many of whom are physicians and public health professionals themselves, IMHO has always sought to “fill the gaps” in healthcare and medicine and to ensure that ALL people have access to quality care and essential resources.

HOLISTIC WELLBEING MATTERS

The International Medical Health Organization (IMHO) prioritizes the health and well-being of all people by promoting equitable access to quality healthcare, supporting disease prevention and health education, and advocating for vulnerable and underserved populations. Through collaboration with healthcare providers, governments, and communities, IMHO works to improve health outcomes, strengthen healthcare systems, and address global health challenges. Its mission is centered on ensuring that every individual has the opportunity to achieve the highest possible standard of health, regardless of their background or circumstances.

115,000+ LIVES IMPACTED IN 2025!

SRI LANKA PROJECTS 2025

NORTHERN PROVINCE

No.	Title of the Projects	Project Expenses in 2025 LKR	Project Expenses in 2025 USD	No. of Beneficiaries in 2025	Status of the Project
1	Cashew Processing Centre Project, Jeyapuram	927,700.00	\$3,092.33	15	Ongoing
2	Prison Vocational Training Project, Jaffna	1,964,530.00	\$6,548.43	94	Ongoing
3	OPTEC Counseling Center Project, Kilinochchi	1,938,000.00	\$6,460.00	14,549	Completed
4	Enrichment Model Examination for O/L Students, North and East	2,091,280.00	\$6,970.93	14000	Completed
5	Vaakai Tailoring Course Project, Mullaitivu	28,000.00	\$93.33	30	Ongoing
6	Hudec CBR Project, Kilinochchi	1,700,000.00	\$5,666.67	130	Ongoing
7	Stroke Rehabilitation Centre, DH Chankanai	903,000.00	\$3,010.00	-	Ongoing
8	Hearing Machine Donation, Mannar	130,000.00	\$433.33	1	Completed
9	Fishing Net Donation, Vidivelli Fisheries Society, Mannar	207,000.00	\$690.00	20	Completed
10	Commode Chairs Donation, Jaffna	303,000.00	\$1,010.00	7	Completed
11	Maathagal Hospital Transport Service (Auto Stand), Jaffna	82,570.00	\$275.23	-	Completed
12	Photo Copy Machine Donation, Puttalam School	222,000.00	\$740.00	-	Completed
13	Thellipalai Land Cleaning Works	19,500.00	\$65.00	-	Completed
14	Speech Therapy Project, Mannar	75,000.00	\$250.00	20	Ongoing
15	Tailoring Project, Mannar	332,742.00	\$1,109.14	5	Ongoing
16	Prisoners Day Celebration Donations, Jaffna Prison	200,000.00	\$666.67	100	Completed
17	Rural Village Development Project, Mayiliddy	31,200.00	\$104.00	240	Completed
18	Flood Relief Project, Northern Province	6,089,068.00	\$20,296.89	3200	Completed
19	Renovation work for Pre Schools	4,113,125.25	\$13,710.42	176	Ongoing
20	Reading Promotion and Readers Theatre - Vavuniya North	158,500.00	\$528.33	28	Completed
21	Smart Class Room Project Teachers Training	57,500.00	\$191.67	30	Completed
22	Fun Reading Bee Training for English Teachers - (Kilinochchi North and South)	72,250.00	\$240.83	40	Completed
23	Inter Pre-school Sports Event, Kilinochchi North	90,000.00	\$300.00	600	Completed
24	Donation of Integrated Loudspeaker System, Kilinochchi and Trincomalee	252,000.00	\$840.00	570	Completed
25	Leadership Development Training, Kilinochchi	629,150.00	\$2,097.17	47	Completed
26	Students Transportation Project, Vavuniya North	513,000.00	\$1,710.00	105	Completed
27	Reading Promotion Project - Book Printing	650,000.00	\$2,166.67	2500	Completed
28	Pre-school Teachers Training Project, Kilinochchi North	242,000.00	\$806.67	51	Completed
29	Full Moon Day Aesthetic Cultural Programme, Kilinochchi	160,000.00	\$533.33	1300	Completed
30	Donation of Mathematics Equipment for Math Labs, Mullaitivu	99,000.00	\$330.00	-	Completed
31	Transportation Support for Science Field Study Centre Visit	150,000.00	\$500.00	141	Completed
32	Smart Class Room Project	-	-	648	Completed
33	Cluster Seminar Program for GCE O/L Students, Vavuniya and Puttalam	389,500.00	\$1,298.33	640	Completed
34	Donation of Multimedia Projector	448,500.00	\$1,495.00	155	Completed
35	Mathagal Community Health Centre Project	1,714,606.24	\$5,715.35	-	Ongoing
36	Palliative Care Project, Kilinochchi	3,636,638.50	\$12,122.13	-	Ongoing
37	Mullaitivu GBV Project	480,000.00	\$1,600.00	-	Ongoing

SRI LANKA PROJECTS 2025

NORTHERN PROVINCE (CONTINUED)

No.	Title of the Projects	Project Expenses in 2025 LKR	Project Expenses in 2025 USD	No. of Beneficiaries in 2025	Status of the Project
38	Free Transport Services Project, DH Pandatharippu	398,750.00	\$1,329.17	-	Ongoing
39	Learning Centre Project, DGH Kilinochchi	116,680.00	\$388.93	-	Ongoing
40	Diabetic Prevention, Treatment & Awareness Project	1,932,000.00	\$6,440.00	-	Ongoing
41	Education Assistance Project (Hearing Impaired)	78,891.50	\$262.97	67	Completed
42	Thoomani Maadam Project	612,050.00	\$2,040.17	-	Ongoing
43	Payments of Health Workers	2,817,000.00	\$9,390.00	-	Ongoing
44	Provision of Raw Food Items to Cancer Patients	4,501,800.00	\$15,006.00	450	Completed
45	Amuthasurabi Project, Kilinochchi	1,000,000.00	\$3,333.33	-	Ongoing
46	Donation of Laser Machine, DGH Vavuniya	39,575,538.00	\$131,918.46	-	Completed
47	Community Centric Cancer Project, Kilinochchi	3,900,000.00	\$13,000.00	-	Ongoing
48	Donation of IR Surgical Consumables, TH Jaffna	2,386,759.94	\$7,955.87	-	Completed
49	Empowering Future Zoologists Project, University of Jaffna	175,000.00	\$583.33	-	Ongoing
50	Befriender Service Project, TH Jaffna	2,125,200.00	\$7,084.00	-	Ongoing
51	Rural Health Development Project, Northern Province	6,550,500.00	\$21,835.00	-	Ongoing
52	Free Cataract Surgeries Project, TH Jaffna	6,901,105.04	\$23,003.68	460	Completed
53	Day Surgery Centre, University of Jaffna	13,652,771.25	\$45,509.24	-	Ongoing
54	Adolescent Health Promotion in School Based Programs, Jaffna	500,000.00	\$1,666.67	868	Ongoing
55	Physiotherapist Allowance, Child Development Centre, TH Jaffna	153,000.00	\$510.00	364	Ongoing
	Total	118,477,405.72	\$394,924.69	41,651	

UPCOUNTRY

No.	Title of the Projects	Project Expenses in 2025 LKR	Project Expenses in 2025 USD	No. of Beneficiaries in 2025	Status of the Project
1	Educational Projects for GCE O/L Students	4,526,696.00	\$15,088.99	8,020	Completed
2	Educational Projects for GCE A/L Students	1,274,424.00	\$4,248.08	1440	Completed
3	Educational Projects for Grade 5 Students	1,608,641.00	\$5,362.14	5133	Completed
4	Educational Projects for Pre-school Students	9,539,810.13	\$31,799.37	450	Completed
5	Education Hub Project	1,201,100.00	\$4,003.67	200	Completed
6	Scholarship Project (A/L & University)	3,682,500.00	\$12,275.00	122	Ongoing
7	Renovation of Playground	2,400,000.00	\$8,000.00	500	Ongoing
8	Graduate Teachers Project	15,000,000.00	\$50,000.00	25000	Ongoing
9	Vocational Training Centre Project	3,108,028.46	\$10,360.09	60	Ongoing
10	Livelihood Projects	349,184.00	\$1,163.95	20	Completed
11	Sanitation Facilities Project (Schools)	1,750,965.75	\$5,836.55	2660	Ongoing
12	Sanitation Facilities Project (Estate Community)	13,842,500.00	\$46,141.67	560	Ongoing
13	Water Facilities Project (Schools)	2,117,785.19	\$7,059.28	1760	Ongoing
14	Water Facilities Project (Estate Community)	12,484,960.12	\$41,616.53	9610	Ongoing
15	Construction of School Buildings	24,050,856.18	\$80,169.52	950	Completed
16	Caring Hands Project	12,134,080.00	\$40,446.93	380	Ongoing
	Total	109,071,530.83	\$363,571.77	56,865	

SRI LANKA PROJECTS 2025

EASTERN PROVINCE

No.	Title of the Projects	Project Expenses in 2025 LKR	Project Expenses in 2025 USD	No. of Beneficiaries in 2025	Status of the Project
1	Diabetes Management Centre, Base Hospital, Kalmunai (North)	420,000.00	\$1,400.00	1,234	Ongoing
2	Gender Based Violence Officer Allowance, Base Hospital, Valachchenai	420,000.00	\$1,400.00	246	Ongoing
3	Supply of Medications for Heart Failure Patients, TH Batticaloa	300,000.00	-	-	Ongoing
4	Enhance Subfertility Clinic (IUI Process), BH Kaluwanchikudy	3,251,724.00	\$10,839.08	2,047	Hold
5	Nutrition Food Project, Alankulam Government Tamil Mixed School	1,201,703.00	\$4,005.68	67	Completed
6	Water Supply & Sanitation Project, Sri Lanka Prison Batticaloa	2,016,430.80	\$6,721.44	700	Completed
7	Scholarship Project, Batticaloa	1,120,000.00	\$3,733.33	24	Ongoing
8	Renovation of Children Park, Thuraineelvanai Sithy Vinayagar Vidyalayam	491,600.00	\$1,638.67	143	Completed
9	Regional Stroke Rehabilitation Centre, DH Arayampathy	2,671,305.33	\$8,904.35	-	Completed
10	Rural Health Development Project, Batticaloa	3,440,179.00	\$11,467.26	-	Ongoing
11	Repair of Ambulances and Other Needed Vehicles, RDHS Batticaloa	2,326,412.00	\$7,754.71	-	Completed
12	Enhance Medical Laboratory Facilities Project, DH Mandapathady	506,666.66	\$1,688.89	10,050	Ongoing
13	Donation of Fishing Equipment, Mahiloomunai	699,900.00	\$2,333.00	30	Completed
14	Beyond Limits Project, Paddiruppu Zone	30,200.00	\$100.67	24	Completed
15	Renovation of Boundary Wall & Playground, Sri Korakkar TMV	840,000.00	\$2,800.00	328	Completed
16	Sanitation Facilities Project, DS Koralaipattu North, Vakara	5,002,150.00	\$16,673.83	100	Ongoing
17	Hela Bojun Development Project, Vakara	317,745.00	\$1,059.15	6	Ongoing
18	Mathematics & Science E-learning Project, Paddiruppu Zone	5,266,540.00	\$17,555.13	982	Ongoing
19	Renovation of Children Park, Alankulam Government Tamil Mixed School	481,250.00	\$1,604.17	161	Completed
20	Mathematics Temporary Teachers Project, Batticaloa West Zone	1,118,000.00	\$3,726.67	10 Schools	Ongoing
21	Laptop Donation Assistance, Batticaloa West Zone	149,900.00	\$499.67	14 Schools	Completed
22	Physiotherapist Allowance, DH Arayampathy	108,000.00	\$360.00	199	Ongoing
23	Psychosocial Worker Allowance, Alcohol Rehabilitation Centre	30,000.00	\$100.00	-	Ongoing
24	Construction of Toilets & Bathing Facilities Project, Open Prison Batticaloa	-	-	-	Ongoing
25	Construction of Multipurpose Hall, Open Prison Batticaloa	-	-	-	Ongoing
26	Cataract Camp Project (50 Surgeries), TH Batticaloa	751,850.00	\$2,506.17	50	Completed
27	Donation of Raincoats Project, RDHS Batticaloa	-	-	-	Ongoing
28	Medical Officer Allowance, RDHS Batticaloa	20,000.00	\$66.67	-	Ongoing
	Total	32,681,555.79	\$108,938.52	16,391	



EDUCATION



For the first year in our organization’s history, IMHO invested more in educational efforts this year than in health-specific ones. Health and education are powerful partners in building stronger individuals and healthier communities. When people have access to both quality healthcare and quality educational opportunities, they are better equipped to reach their full potential, make informed life choices, and achieve long-term success. Healthy individuals are more engaged learners, while education empowers people with the knowledge and skills needed to maintain their well-being.

In Sri Lanka, twenty-seven years of conflict left millions of young people without adequate access to jobs, schools, and even basic needs like food and shelter. While the conflict officially came to a conclusion in 2009, a long process of recovery and development has continued to bring generational challenges to a society which lost many of its qualified teachers, leaders, and professionals, and which saw its education infrastructure decimated.

Critically, IMHO recognizes that any system of education is only as strong as the educators who comprise it and has thus prioritized the training and skills development of education professionals above all else. Financial support for staff positions where there are gaps, the provision of crucial teaching materials, and the development of proper infrastructure are all efforts that have encouraged and enabled teaching.

IMHO has invested significantly in technology, providing computers, SMART Boards, and digital learning opportunities to thousands of youth across Sri Lanka. We provide scholarships for at-risk and economically disadvantaged students, engage in and promote telemedicine and tele-health efforts for the continued education of health professionals, build infrastructure such as playgrounds, classrooms, & libraries, and so much more.

Outside of Sri Lanka, IMHO undertakes more long-term education development efforts, such as support for the ongoing education of Deaf and war-affected youth in Ethiopia or continued professional development support for medical providers in Haiti, as a few examples.

\$380,121
invested in community
development initiatives last year

MY JOURNEY FROM POVERTY TO UNIVERSITY

“First of all, I want to thank the IMHO organization from the bottom of my heart for helping me for the past eight years. Their support changed my life. When I was eight years old, my father left our family. After that, my mother suffered a lot to take care of us.

I have three sisters, and we all lived together in a small mud house without even electricity. Many days were very difficult for us. Sometimes, we did not know how we would continue our studies or manage our daily life. My mother worked very hard, but her income was not enough for our family. Because of this, my elder sister stopped her Advanced Level studies and went to Colombo to work as a housemaid. She sacrificed her education so that my younger sister and I could continue our studies. That pain is something I can never forget.

At that difficult time, IMHO became a great support to our family. They helped us with dry food, school items, and many other things we needed. Because of their continuous support, I was able to continue my education without stopping.

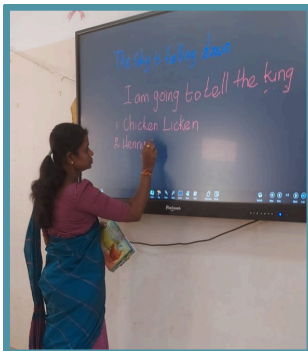
Today, I am very happy and proud to say that I successfully completed my Advanced Level examination. In the recent results, I received “03 A” passes and achieved 34th place in the district. I have now applied for university admission. My biggest goal is to become a lawyer one day. I truly believe that I will achieve this dream. I want to build a better life for my family and help people who suffer like us.

I will never forget the kindness and support given by IMHO. During the darkest time in my life, they gave me hope, strength, and courage to continue my journey. I sincerely thank IMHO for standing with me and helping me change my life and my future.”

PRIYADHARSHINI



EDUCATION





Health is a human right. As stated in the Constitution of the World Health Organization and recognized as established law internationally – “The enjoyment of the highest attainable standard of health is one of the fundamental rights of every human being without distinction of race, religion, political belief, economic or social condition”.

Yes, worldwide, billions of people currently lack the healthcare they need and deserve due to a wide range of factors, including poverty, conflict, financial greed, systems of oppression or political indifference, natural disaster, and myriad other hardships. The toll this all takes on the overall wellbeing of people worldwide and the lost potential is truly immeasurable.

For the last 23+ years, the International Medical Health Organization has been committed to filling the critical gaps that exist in healthcare delivery systems worldwide. At IMHO, we envision a world whereby all persons have access to health and medical care and are able to lead healthy, productive, and meaningful lives.

Working through our strong network of grassroots partners, including local nonprofits, hospitals, health care centers, educational institutions, government offices, and other committed stakeholders, IMHO has invested more than \$14.6 million in health development initiatives for vulnerable communities worldwide and has impacted more than 2.5 million lives!

"I suffer from joint pain, blood pressure, and diabetes, and though I have six daughters and one son, I live alone. When the CHW visits and speaks with me, I feel truly relaxed and comforted."

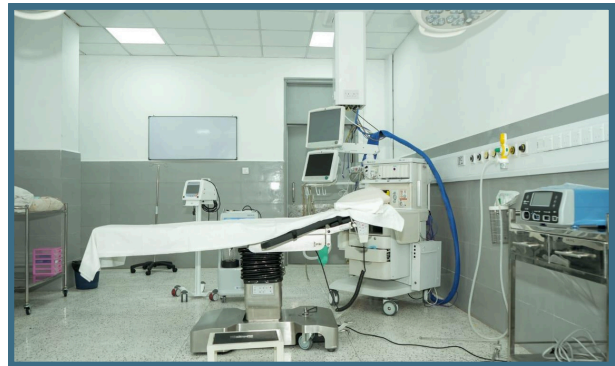
Mrs. P. Kaliyamma, *Maniyankulam*
Rural Health Development Project Beneficiary

\$366,631
invested in community
development initiatives last year

Throughout the past year, IMHO continued to support many of its ongoing projects and initiatives, helping to fill the gaps of medical and health needs throughout Sri Lanka. One of our proudest achievements this year was the launch of a new surgical center in Jaffna!

Our commitment to supporting and developing the growing network of local health service providers, organizations, and civic leaders across Sri Lanka who serve people in every corner of the island is unwavering and stronger than ever.

There is still so much to be done...as always, we invite you to join us in our mission to ensure access to quality healthcare for all.



INFRASTRUCTURE * EQUIPMENT * SUPPLIES * SERVICES * PROFESSIONAL DEVELOPMENT * PERSONNEL

"Unbearable transport costs are one of the main reasons for treatment interruption among leprosy patients. By covering these costs with the support of IMHO, we have been able to ensure treatment completion and improve patient outcomes."

Dr. K. Lubojitha, Leprosy Control / Anti Leprosy Unit - Batticaloa District



HUMAN DIGNITY & SELF-CARE

“I have three daughters who have reached puberty. Every month, I need to buy sanitary pads for them, and I have to set aside part of my small income for this expense. Because of our financial difficulties, it was very hard for me to buy sanitary pads regularly, so for a long time I used cloth instead.

Now, through the support of the IMHO, we receive sanitary pad packs every month. These sanitary pads are very safe, comfortable, and easy to use. After using them, I feel clean, refreshed, and happy. This support has reduced a big burden on my family and has helped us maintain better health and hygiene.

1,600+ BENEFICIARIES

9,600 SANITARY PADS

10 COMMUNITIES

I am truly grateful to the IMHO for caring about women like us and supporting families who are facing difficulties. Thank you very much for your kindness and valuable assistance.”

KANAGESWARY

HEALTH



COMMUNITY DEVELOPMENT



Community partnerships and local engagement are crucial to sustainable development. Especially in areas where civil society or local infrastructure may be under-developed, collaborating with other stakeholders both enables more effective, more efficient work while also helping to build up the local community, resources, and infrastructure needed to sustain these ongoing efforts in the long-term.

These collaborations with local change-makers help to meet community needs in times of crisis, disaster, and deeply entrenched poverty, helping to transform communities, give hope, and improve countless lives.

At the core of our beliefs is the idea that community leaders and organizations are best equipped to build their own health systems, improve the overall wellbeing of others, and respond to challenges and needs as they arise.

Given the unique nature of IMHO's leadership and support base, we have the incredible opportunity to use our expertise, experience, and resources to help build and strengthen marginalized communities...and that is exactly what we have done for the benefit of thousands of vulnerable and disadvantaged people.

Over the past year, IMHO supported many community development initiatives related to **food insecurity & nutrition, economic empowerment, access to clean water and sanitation facilities, professional development, and other efforts that serve the wellbeing and empowerment of communities struggling with poverty or in a state of emergency.**

In the words of Confucius, *"He who wishes to secure the good of others, has already secured his own."* Comprised entirely of volunteers, donors, friends, and partners that drive its work, IMHO is unceasing in its efforts to help communities develop, to realize their potential, and to continue the cycle of empowerment, compassion, and service.

\$297,051
invested in community
development initiatives last year

WHEN OPPORTUNITY MEETS DRIVE

"I am Pushparaj, and I come from a tea workers' family in Kandy, Sri Lanka. My life was never easy. I grew up in a poor family where my father worked as a daily wage worker. We had only enough for our daily needs. As the eldest son with three younger brothers, I had many responsibilities from a young age.

In 2018, my life became very painful when I lost my mother. That was the hardest moment in my life. I felt broken, but I knew I had to stay strong for my family and my future. Even with so many struggles, I never gave up my education. While studying at university, I started teaching Advanced Level students to earn some money. I studied at night, taught during the day, and also helped my family. Life was very difficult, but I kept going.

I studied at the University of Jaffna and completed my Bachelor of Engineering Technology in Construction Technology. My university life was full of stress, financial problems, and many sleepless nights. But I never allowed my problems to stop my dreams. During this hard time, the scholarship from the International Medical and Health Organization (IMHO) helped me a lot. It reduced my financial burden and gave me hope to continue my studies.

I will always be thankful for that support. With hard work and determination, I completed my degree with a GPA of 3.0. After that, I worked as an assistant engineer at Mathava Builders Pvt Ltd, where I learned real field experience in construction work like site supervision, quantity surveying, and other technical tasks. I also continued teaching students online. Teaching became not just a way to earn money, but a way to help others who are facing the same struggles I once faced.

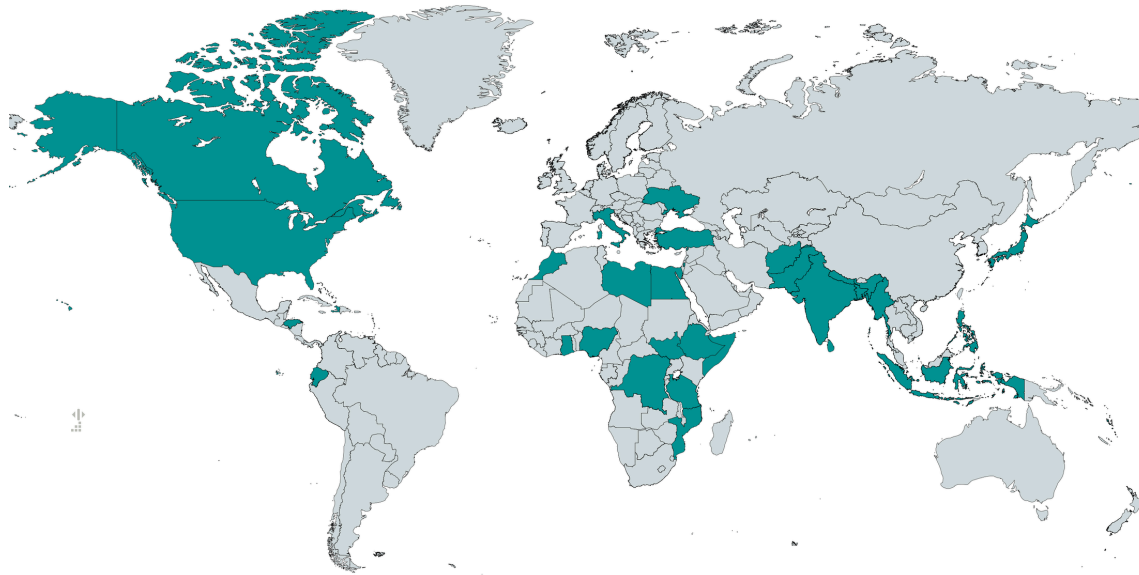
Today, I still have dreams. I want to study further and do a master's degree with a scholarship. My journey taught me that even when life is very hard, we should never give up. Hard work, hope, and courage can change everything."

PUSHPARAJ

COMMUNITY DEVELOPMENT



INTERNATIONAL RELIEF



Serving vulnerable communities around the globe, often during times of disaster, heightened need, and neglect, has been a hallmark of IMHO’s efforts since inception. These emergency **relief and development assistance** efforts have benefitted tens of thousands of individuals across **31 countries** and 6 continents, helping to ease suffering and providing vital lifelines in meeting the essential needs of disparate communities. Over the past year, we supported the following international efforts:

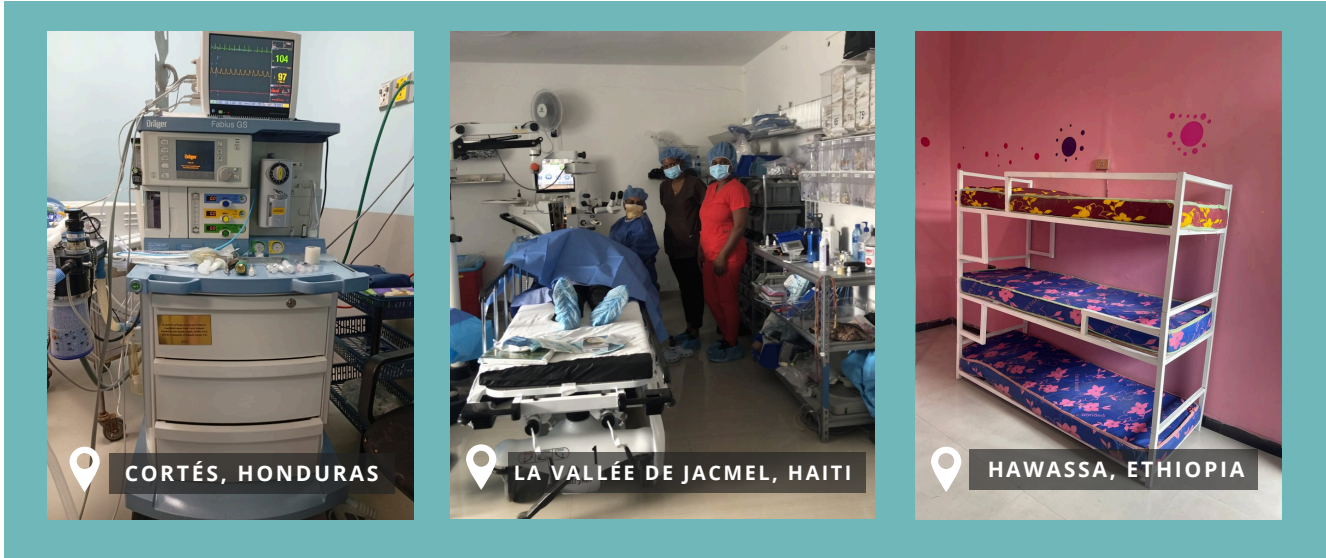
- Relief for 400+ families in **Northern & Eastern Sri Lanka** following heavy rains in January 2025 and flooding & landslide relief for those affected by Cyclone Ditwah in November / December 2025
- Development of boarding facilities (including bunk beds and bathroom facilities) for Deaf youth at the Visions Academy School for the Deaf in **Hawassa, Ethiopia**
- Hurricane Helene Disaster Relief in **North Carolina, USA** through Samaritan Purse and the Food Bank of Central & Eastern North Carolina
- Emergency medical humanitarian assistance through Doctors Without Borders in **Gaza / Israel** and for victims of the Kunar earthquake that hit **Afghanistan** in August 2025
- Surgical support through the World Surgical Association in **Nigeria** and the **Philippines**
- Renovation of a Neonatal ICU in **Ghana**



HAWASSA, ETHIOPIA

\$53,640

given to humanitarian assistance efforts across **8 countries** in 2025
(Afghanistan, Ethiopia, Gaza / Israel, Ghana, Nigeria, Philippines, Sri Lanka & USA)



IMHO’s relief efforts are always decided according to the most immediate needs, with the organization often filling the gaps of needs that local relief coordinators are otherwise unable to fill in a timely manner. These efforts have helped to keep vulnerable people housed, clothed, fed, and with access to clean water. The provision of vital medications, medical supplies, and support for health & medical providers themselves has also invariably saved lives and offered a shimmer of hope at an otherwise dark moment.

During times of crisis, the IMHO Board of Directors understands that time is of the essence and endeavors to act as swiftly as possible, often taking action within hours of receiving such requests. For example, during the COVID-19 global pandemic, IMHO provided millions of dollars’ worth of in-kind support in the form of medical equipment and supplies to support struggling communities in the US, India, and Sri Lanka, including ventilators, oxygen concentrators, patient monitors, CPAP machines, and personal protective equipment (or “PPE”), in addition to food relief and other support.

Wherever and whenever there is need, IMHO stands ready to support in any way it is able, having assisted hundreds of thousands of people around the world already. As it has been said, “*Whoever saves one life, saves the world entire.*” Since 2003, IMHO has supported vital relief & development efforts in the following 31 countries around the world:

- Afghanistan
- Bangladesh
- Canada
- DR Congo
- Ecuador
- Egypt
- Ethiopia
- Gaza / Israel
- Ghana
- Haiti
- Honduras
- India
- Indonesia
- Italy
- Japan
- Libya
- Morocco
- Mozambique
- Myanmar
- Nepal
- Nigeria
- Pakistan
- Philippines
- Somalia
- South Sudan
- Sri Lanka
- Tanzania
- Turkey
- Ukraine
- USA
- Vanuatu



A COMMITMENT TO EDUCATION

“Today, I stand with hope and happiness because of the support I received from the IMHO organization during the most difficult time of my life.

I grew up in a poor family without my father. My mother struggled every single day to take care of me, my brother, and my sister. Sometimes, we did not even know how we would manage our next day. Even with all these hardships, my mother never stopped encouraging us to study and build a better future.

There was a time when my education was about to stop because we could not afford school expenses. I felt broken and hopeless. I thought my dream of becoming a teacher would never come true.

At that painful moment, IMHO came into my life through the Caring Hands Project.

They supported my family with monthly dry food packs and helped me with my school needs. Their support reduced the burden on my mother and gave me the courage to continue my studies. Because of their kindness, I was able to study well and face the Advanced Level Examination in 2022. I received good results and today I am proudly studying at the Sripada College of Education as a final-year teacher trainee.

My mother always dreamed of seeing me become a good teacher. Soon, her dream will come true. Next year, I hope to serve the Upcountry community as a teacher and help children who face struggles like mine. I truly believe that IMHO did not only help my education, but also changed my whole life. The love, care, and support they gave me will always stay in my heart.

On behalf of myself and my family, I sincerely thank the IMHO organization for helping me reach my dreams and giving me a brighter future.”

NAVAJOTHI

FINANCIAL OVERVIEW

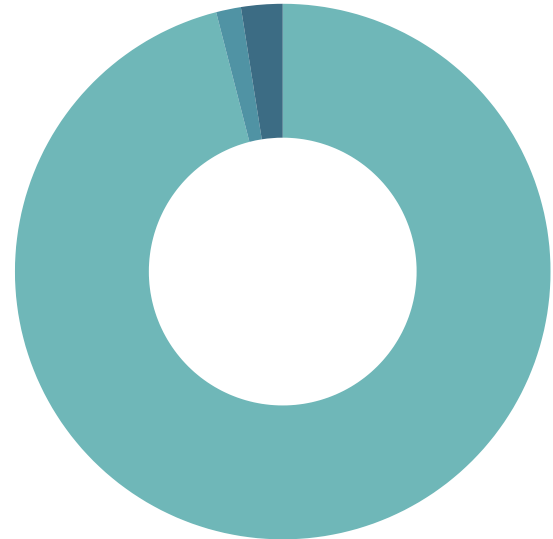
Income	
Contributions	\$1,187,162
Contributions in Sri Lanka	\$117,545
In-Kind Contributions	\$139,086
Investments / Interest	\$65,265
Total Income	\$1,509,058
Expenses	
Healthcare	\$366,631
Education	\$380,121
Community Development	\$297,051
International Relief	\$53,640
Administrative	\$18,332
Fundraising	\$30,482
Total Expenses	\$1,213,919

**The financial data presented above for FY2025 is provisional and may vary slightly*

You can access all of our official federal return Form 990 filings on our website:
<https://theimho.org/our-financials/>

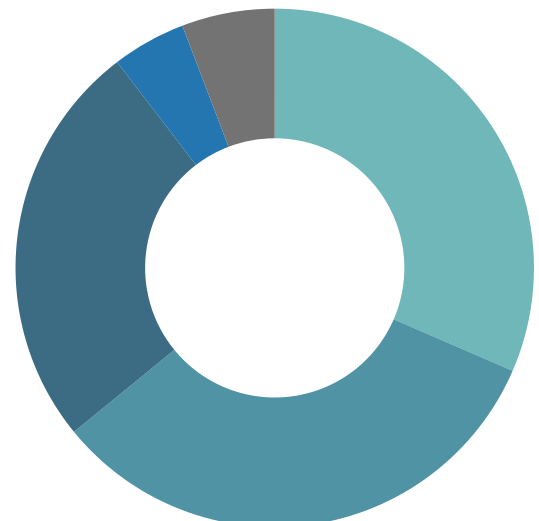
2025 EXPENSE SUMMARY

- Programming (96%)
- Operations / Admin (1.5%)
- Fundraising (2.5%)



2025 PROGRAM EXPENSE BREAKDOWN

- Healthcare (31.5%)
- Education (32.6%)
- Community Development (25.5%)
- International Relief (4.6%)
- General (5.8%)



Over the past 23 years (2003 - 2025), IMHO has invested...

\$14.6M

in humanitarian assistance & development support across 31 countries!

SUPPORT OUR WORK

MAKE A CONTRIBUTION!

Together with your support, we have impacted more than 2 million lives since we began this journey in 2003! With your continued generosity and compassion, we will reach countless more. Please visit our website (www.theimho.org) for more details on current projects in need of funding right now. To make a contribution to IMHO and support our work on behalf of those in need, we offer the following options:

DONATE ONLINE

You can donate on our website via credit card, PayPal, or Venmo. All donations are tax-deductible and upon receipt of your donation, receipt will be issued promptly.
www.theimho.org/donation/

DONATION OPTIONS



DONATE WITH ZELLE®

Zelle® is one of the fastest and simplest ways to donate funds. Look for Zelle® in your banking app. Email ID for donations:
Treasurer@TheIMHO.org

BECOME A MONTHLY DONOR

Monthly donors provide a consistent and reliable source of support for our organization, enabling our organization to exist and our work to continue year-round. To become a monthly donor, please use the link below. Donations of all sizes are welcome.

MAIL US A CHECK

If you prefer to donate by check, simply make it out to “IMHO” and mail it to:

IMHO Treasurer
P.O. Box 341466
Columbus, OH 43234

DONATE THROUGH A DONOR-ADVISED FUND

IMHO can accept contributions from Donor-Advised Funds such as those managed by Fidelity Charitable, Charles Schwab or community foundations. Please contact them directly to request a distribution and include your giving preferences. For any assistance or to discuss your gift, please contact us.

IRA RMD (Required Minimum Distribution)

Donors aged 70½ and older can satisfy their Required Minimum Distributions (RMDs) by executing a Qualified Charitable Distribution (QCD). Simply transfer funds directly from your IRA to IMHO.



International Medical Health Organization

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