

International Medical Health Organization



Gathering Momentum

21 years of sustainable development



2023 - 2024 Activity Report



THE IMHO



OVERVIEW

ABOUT US

The International Medical Health Organization (IMHO) was originally formed in 2003 in the USA. It has since expanded to include Canada, Sri Lanka and the UK.

IMHO is primarily focused on impoverished and disadvantaged regions of Sri Lanka. IMHO works through an extensive network of contacts on the ground, including local doctors, health care officials, teachers and other grassroots organizations in identifying health and other vital needs and then providing resources and training to accommodate those needs. Over the years IMHO has also contributed to urgent emergency relief efforts in countries including but not limited to Burma, Bangladesh, DR Congo, Egypt, Ethiopia, Haiti, India, Indonesia, Japan, Pakistan, Gaza and Somalia.

THE IMHO

OUR VISION

IMHO's mission is to develop and improve healthcare services and infrastructure in under-served regions worldwide. As needs changed, we have also adapted our services to include support for education and community development.

IMHO strives to serve communities in need, particularly those affected by poverty, conflict and natural disaster. Through partnerships forged with local partner organizations and institutions, IMHO works collaboratively with local change-makers in developing and implementing initiatives that transform communities, give hope and improve lives.

We believe that true success lies in responding to challenges and needs as they arise and empowering communities to build their own health systems. With your help, we strive towards a world where all people can have access to health care and lead healthy, productive and meaningful lives.



A MESSAGE FROM THE IMHO BOARD

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Dear Friends,

The last year has brought a lot of particularly difficult changes in the world. It is hard not to feel pessimistic about the future as we watch the destruction of war and natural disasters around us. However, even though the endless onslaught of problems in the world can sometimes seem too overwhelming to address, at IMHO we know that with carefully thought out projects and small, diligent steps, we can work towards a better future.

IMHO began as the dream of a handful of people and has since flourished to impact over 2 million lives over 21 years. We started small with modest primary care health projects and have expanded into more ambitious projects that patiently sow the seeds for longer lasting impact such as investing in education, economic empowerment and prisoner vocational training. These are the investments that lead to the most sustainable of changes and empower the recipients to lift themselves and their families out of poverty.

James Miller once said, "People are still mostly good - love is quieter than gunshots, but there is more of it". We have seen over and over again the resilience of people who are somehow able to rebuild themselves out of the worst situations. It has been our great privilege to be able to give a hand up to those who need it the most and we truly feel that it is this in combination with gratitude for what we have that gives us our greatest purpose in life.

We could not have come so far without the loyal support of donors like you. We hope that you will continue to support us in the years ahead.

With gratitude,

The IMHO Board of Directors



THE IMHO

2023 FINANCIAL REVIEW

Jaffna	\$261,641.91
Abandoned Mental Health Patient	\$118.00
Addiction Center Exp. Chavakacheri	\$25.32
Mathavam - Staff Allowance	\$1,746.10
Diabetic Centre Salary	\$6,037.50
H&R C Kanderodai	\$31,960.00
Jaipur Center	\$9,820.14
HDU Unit - Teaching Hospital	\$10,837.50
Laparoscopy - Teaching Hospital	\$133,200.00
Maadam Project	\$45,000.00
Mathagal Health Centre	\$6,176.09
Northern Co-operative Develop.	\$12,800.00
Tellippalai Base Hospital	\$3921.26

Killinochi	\$24,208.13
Agro Development Project	\$1,562.50
Counseling	\$2,233.66
Bronchoscopy	\$1,1651.08
Karadippokku ScienceLab	\$362.88
KEDT Expense Account	\$718.03
Livelihood Project	\$304.41
Puthumurippu Teacher Salary	\$2,116.83
School Counseling	\$1,539.6
School Nutrition Program	\$1,339.18
University Student Loan	\$967.69
Uyirilai	\$656.26
Visvamadu Tuition Center	\$756.01

Upcountry	\$127,874.05
Care Hands Project	\$30,536.73
Co-Operative Society	\$1,037.10
Economic Development	\$375.00
Education	\$14,824.90
Enrichment Classes - Hatton	\$6,140.19
Green Delmar	\$913.50
Home Garden Project	\$3,896.2
Maskeliya	\$5,505.24
Miscellaneous	\$4,080.54
Nadarajah Foundation Scholarship	\$13,368.13
Nutrition Pack	\$13,748.18
Sanitation	\$1,770.3
Staff Salary & Training	\$21,438.88
Vocational Training	\$3,139.48
Water Supply Project	\$7,099.68

Eastern Province	\$79,105.10
Counsellor - Valachenai BH	\$937.50
Mobile Clinic	\$5,553.13
Other	\$78.13
Pre-intern Salary Cardiology	\$1,039.08
Student Education Support	\$2,026.48
Computer Lab Expenses	\$703.13
Fishing Boats	\$31,297.88
School Renovations	\$37,469.77

Kalmunai Base Hospital	\$6,826.57
Pre-Intern Salary	\$1765.63
HDU Pediatric Unit	\$3,225
Repairs	\$1,835.94

“Giving is not just about making a donation, it’s about making a difference.” - Kathy Calvin





THE IMHO 2023 FINANCIAL REVIEW

Other Projects	\$231,271
Cataract Project	\$56,785.93
Chankanai Hospital Health	\$2,834.49
Chavakcheri Blood Bank	\$5,098.82
Community Health	\$17,500.00
Early Childhood Projects	\$21,659.76
Education Empowerment	\$2,071.30
Elder care, Microcredit, Eye Care	\$937.50
Iyankulam Fencing Work	\$1,916.56
Leadership Training	\$4,162.50
Livelihood Project	\$1,562.50
Medical Supplies	\$18,300.84
Miscellaneous Expenses	\$370.01
Mobile Medical Clinic	\$1,562.50
Puttalam Education	\$484.38
Sivan Arul Illam trust	\$2,350.00
Smart Board Project	\$65,982.38
Thondamanaru Science Lab	\$432.81
Vavuniya Anaesthesia Machine	\$27,258.92

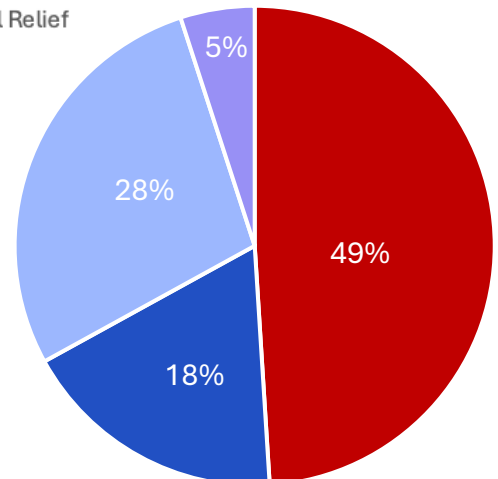
International Aid	\$40,928.00
Gaza – Doctors without Borders	\$5,000.00
Ethiopia Deaf Education	\$3,928.00
Turkey Syria Earthquake	\$5,000.00
Haiti Eye Microscope	\$10,000.00
Honduras OR project	\$5,000.00
Chennai Flood Relief	\$2,000.00
Morroco Earthquake	\$5,000.00
Maui Fires	\$5,000.00

Grand Total:
\$771,854.96



2023 Program Expenses Allocation

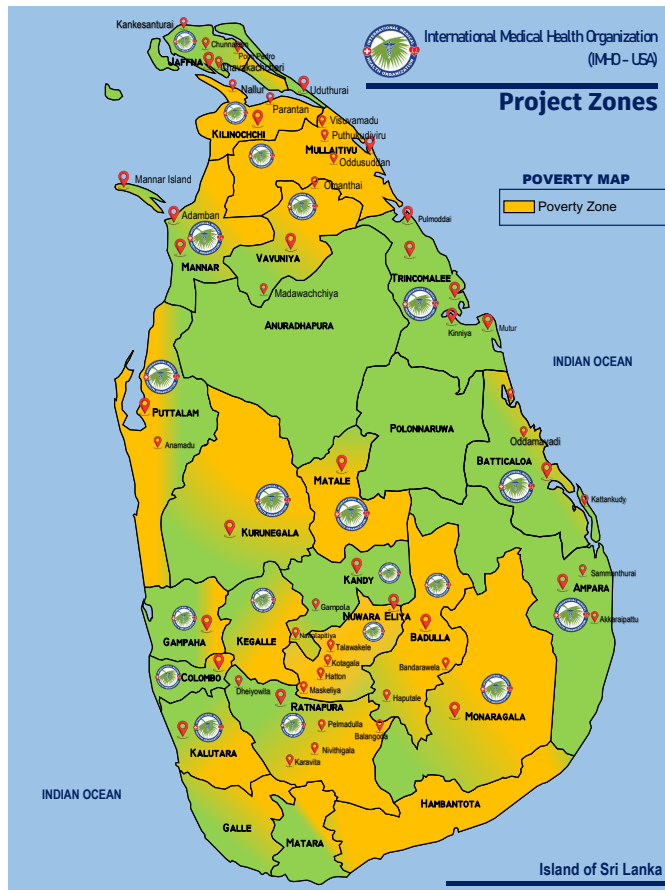
- Community development
- International Relief
- Education
- Healthcare



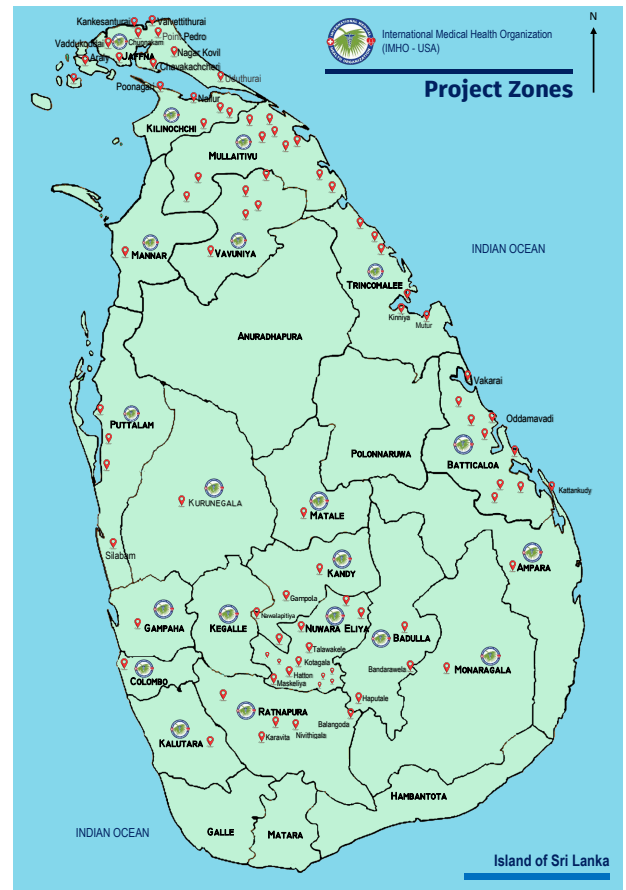


PROJECTS SRI LANKA

According to the World Bank, poverty and inequality between economic classes have been rising in Sri Lanka since 2019 due to the unstable economic situation, uncertain politics and the COVID pandemic. Even though the Sri Lankan economy shows signs of stabilizing, poverty rates continued to rise for the fourth year in a row, with an estimated 25.9% of Sri Lankans living below the poverty line in 2023. At IMHO, we fund projects all over the island, but have taken special care to focus on the most underserved and overlooked areas. We strive to invest in projects that are sustainable and will result in long lasting change by empowering the beneficiaries to improve their own circumstances.



Poverty Zones in Sri Lanka



IMHO Projects in Sri Lanka

In 2023, an estimated 25.9% of Sri Lankans were living below the poverty line

“Sri Lanka’s economy is on the road to recovery, but sustained efforts to mitigate the impact of the economic crisis on the poor and vulnerable are critical, alongside a continuation of the path of robust and credible structural reforms.”

- Faris Hadad-Zervos, World Bank Country Director for Sri Lanka



HEALTH EYE CARE

Eyesight is a basic sense that is critical to daily functioning. In Sri Lanka and many other developing nations, people suffer vision loss due to conditions that are easily preventable or treatable. For example, cataracts are a common condition associated with age and sun exposure that can have a significant effect on vision. These are easily treated with a simple day surgery procedure.

750 people improved their vision with injections supported by \$19,518.48. Between Dec 2022 and March 2024, \$100,000 was spent for about 5,100 cataract surgeries, equipment and medications for eye conditions. These projects were done in partnership with Alaka Foundation, Malaysia.

Cataract Surgeries

Jaffna
Kilinochchi
Nawalapitiya
Kalmunai
Dickoya
Vavuniya



IMHO supported 3,700
cataract surgeries in 2023



IMHO donated an eye scanner
to Vavuniya District hospital
worth \$10,000.



HEALTH SURGICAL SERVICES



First kidney transplant! A major milestone in health care services at Jaffna TH

TRANSPLANT - On January 18, 2023, the first kidney transplant from a living donor was done at the Jaffna Teaching hospital. This was made possible through the enthusiastic efforts of the Surgical, Anesthesia, Nephrology and the Renal care team at Jaffna Teaching Hospital.

Dr. Sathiyamoorthy, Director JTH, played a key role in dealing with legalities and ensuring that all the required resources were available. This would not have been possible without the support of our donors who helped develop the operating room and High Dependency Unit.

Dr. Thavam Thambipillai, President of International College of Surgeons (USA), Professor of Surgery at Stanford School of Medicine and an IMHO board member, helped supervise the procedure. The surgery was a great success and the patient is doing extremely well.



Kidney transplants are the most successful of the organ transplant surgeries and a transplanted kidney can last for up to 20 years! This has a huge positive impact on patient quality of life and lifespan.

LAPAROSCOPY – Laparoscopy is surgery that is done through small holes using a camera and special equipment to reach into the abdomen. This technique is associated with significantly less pain and a much faster recovery time than traditional open surgery. While this is often the standard of care in Western countries, a lack of equipment has prevented this technique from becoming widespread in Sri Lanka. Rajaratnam/Synamon Foundation funded a laparoscopic video tower and laparoscopic equipment to Jaffna Teaching Hospital. This was implemented by IMHO for a total cost of \$133,200.



BLOOD BANK இரத்த வங்கி @ මරණ

The infrastructure facilities of this Blood Bank were improved in loving memory of Muruganandan Prakashpalan who is remembered with love and never be forgotten

Funded by his loving wife, Navamalar Prakashpalan
Facilitated by International Medical Health Organization USA
Implemented by Chavakachcheri Base Hospital Patients Welfare Society
26.10.2023

BLOOD BANK – A blood bank at Chavakachcheri Base Hospital was funded by a single donor in loving memory of her husband. Facilitated by IMHO USA and implemented by the Patient Welfare Society of Chavakachcheri BH



HEALTH HIGH DEPENDENCY UNIT

Mark & Donna Penny, Team Solihull (UK) helped open the Pediatric High Dependency Unit (HDU) in memory of Mark's beloved sister Ms. Sonya Lynch, a Pediatric nurse practitioner from Cork, Ireland. Two HDU were funded – one at Kalmunai Base Hospital and one at the Batticaloa Teaching Hospital.

The hospital benefited from a brand-new HDU featuring:

- Air-conditioning and fans
- Bedside oxygen flow
- New windows and furniture
- A resuscitation area



This ward was renovated and upgraded in loving memory of

Sonya Lynch

a paediatric nurse from Cork, Ireland.
It was funded by her family and friends, IMHO USA, Assist RR UK, and the community of Solihull School.



SOLIHULL

Assist RR

The close monitoring made possible by an HDU greatly improves patient outcomes, especially in very sick children.

Dengue fever is a common mosquito borne illness

Dengue fever can lead to acute renal failure that can quickly lead to death if not treated with dialysis

This High Dependency Unit accepts critically ill children from around the region





HEALTH EQUIPMENT & MEDICATION

We recognize that quality equipment is an essential part of being able to provide good care. We facilitated treatment by donating the following medical equipment.

Jaffna Teaching Hospital

- Laparoscopy equipment
- Lithotripsy
- Electrosurgical generator and vessel sealer

Vavuniya District General Hospital

- Anesthesia machine
- Ophthalmic scanner
- Cataract consumables
- Laser machine for ophthalmology and ENT microscope (in process)

Kilinochchi District General Hospital

- Reusable Bronchoscope system
- Cataract consumables

Maskeliya Base Hospital

- ECG machine

Chankanai District Hospital

- Physiotherapy equipment for Neuro rehab unit

Batticaloa

- Local anesthesia injection vials
- Cataract consumables
- Cancer medications
- Surgical supplies for oncology

Pandatharipu District Hospital

- \$2,150 worth of essential medications

Tellipalai Hospital & Trail Cancer Hospital

- \$8,500 worth of cancer medications
- Supplies donated by MIOT Wales, IMHO USA & Children's Hunger Relief Fund UK.

Kalmunai Base Hospital

- 250 chairs and 300 pillows
- Cataract consumables

Dickoya Base Hospital

- Cataract consumables

Nawalapitiya District General Hospital

- Cataract consumables



Kidney stones are intensely painful and very common in Sri Lanka. Lithotripsy is a method for treating kidney stones without surgery resulting in less pain and a faster recovery.

Total Cost = \$30,000





HEALTH HOSPITAL SUPPORT



Jaffna Teaching Hospital

A much needed Day Care Center for cancer patients was opened in October 2023. This program allows patients to receive surgical and medical care on an outpatient basis so that they can return to the comfort of their homes in the evenings. Staff salary to be reimbursed by IMHO.



Batticaloa Teaching Hospital

We supported a Learning Room in the Pediatric Unit so that hospitalized children could continue their studies and not fall behind their peers.



Upcountry Dickoya Hospital

We provided two new toilets to improve sanitation facilities within the hospital. We upgraded waste management by renovating the roof and the incinerator room. The water supply for the hospital was improved and a road and ramp were constructed for the eye unit to enhance accessibility for patients.

Total Contribution \$12,000

STAFF SALARY

Human resources and the ability to offer regular pay remains a roadblock to health services in Sri Lanka. We support staff salaries in several crucial areas to help retain skilled personnel.

Jaffna Teaching Hospital - Diabetic center, Cardiothoracic unit, Cancer day care services

Tellipalai Hospital - Mental health services

Mathavam Center for neurodevelopmental disorders

Valaichchenai Base Hospital - Gender based violence unit

Uyirilai Center for people with spinal cord injuries

Batticaloa Teaching Hospital - Cardiology

Kalmunai Base Hospital - Diabetic center



IMHO supports the staff salaries of rural health workers

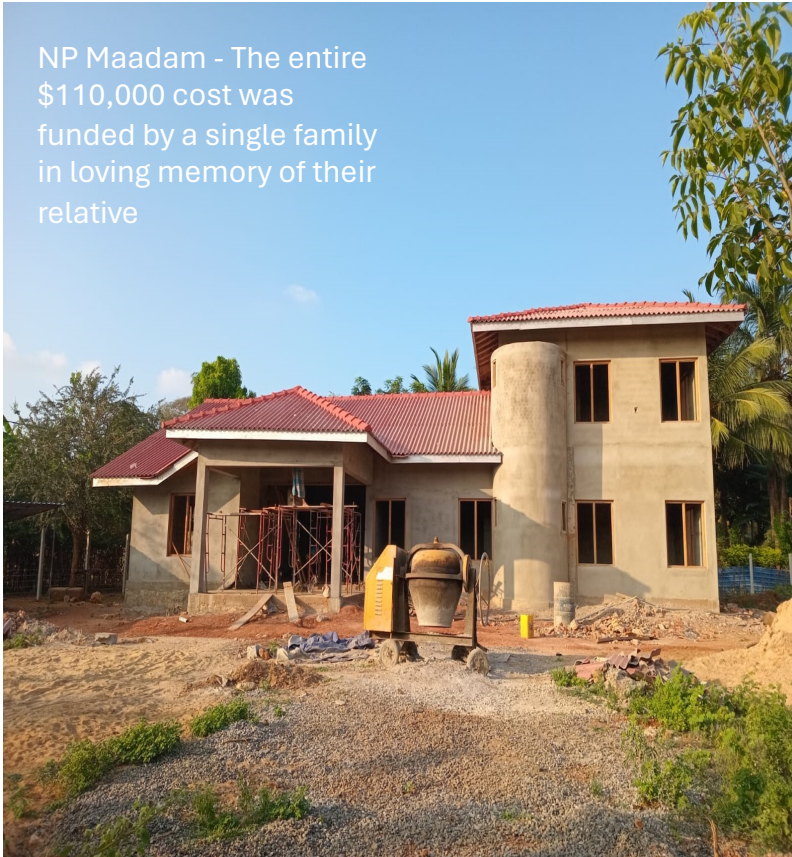


HEALTH MENTAL HEALTH

Mental health is an often overlooked area of general health that can immensely impact all aspects of well-being. IMHO helped facilitate the construction of the NP Maadam Extended Stay Residential Facility for those with severely disabling mental illness who are unable to take care of themselves or who have been abandoned by their families. This facility can currently house 12 clients at a time

This was made possible by the generous donation of a \$110,000 by a single family in loving memory of their relative. The project was facilitated by IMHO USA and constructed by IMHO Lanka. It will be handed over to TMHS.

NP Maadam - The entire \$110,000 cost was funded by a single family in loving memory of their relative



“Kudil” is an intermediate residential care facility for mental health rehabilitation designed to help the clients regain their potential in basic self-care, vocational training and activities that help them learn to live a more independent life.

Total cost = \$450,000

“With the motto, “Gateway to Life”, Kudil has helped over 400 individuals and families in the past decade. Unlike psychiatric institutions, this facility treats persons with mental health conditions as equals, while also facilitating an environment where they can regain or enhance their capabilities.”

- WHO on Deinstitutionalization

“ Kudil, a pioneering community- based psychiatric rehab center in Jaffna, has played a crucial role in filling a significant gap in mental health care services in the region” - WHO





HEALTH MOBILE & RURAL SERVICES

In some areas of the Northern Province, there is only one medical doctor for every 5,000 people. This makes it extremely difficult for the public to access healthcare services and people are dying from very preventable problems. For those living in remote areas, lack of access to transportation severely limits access to care. We support a variety of mobile health and outreach services to help fill this gap.

Mobile Medical Services

- Batticaloa mobile medical services for 4 villages
- Kilinochchi home based palliative care
- Maskeliya dental services
- School counselling and mental health services
- Kilinochchi rural medical health
- Jaffna fertility awareness program



Rural health worker weighs a young child



Rural health worker takes a medical history

Health Awareness & Promotion - IMHO funded community health workers for health awareness programs. Community health workers in the Kilinochchi area were trained to identify cases that need medical attention, assist in education and basic primary care to complement the work of the doctors and alleviate some of their workload. This promotes preventative health care practices and allows the doctors to focus on more complex clinical work.

AREAS OF FOCUS

Basic Health

Fertility Awareness

Healthy Eating

Malnutrition

“Public Health depends on winning over hearts and minds. It’s not enough to just have good policy, you have to convince people to actually follow it.” Leana S. Wen



HEALTH JAFFNA JAIPUR CENTRE

The Jaffna Jaipur Center for Disability Rehabilitation is the only centre providing prosthetic and orthopaedic services in Jaffna. The centre also provides mobility devices, physiotherapy services, micro credit loans and student educational grants to the differently abled. Its mission is to empower those with physical disabilities by giving them the tools necessary to live a full and productive life. Last year IMHO gave \$9000 to Jaipur for artificial limbs and prosthesis to benefit about 572 people.



4200 clients registered at JJCDR

IMHO donated \$9000 last year

572 people benefitted



Clients have impairments due to a variety of causes such as limb-loss, polio, clubfoot, leprosy, cerebral palsy, stroke, congenital deformities etc. Almost ¾ of them have lost their limbs due to the war & landmines.

Mobility

Prosthetics

Orthotics

Physiotherapy

Counselling



HEALTH SANITATION

One of the most important factors in health is access to sanitation and clean water. We aim to improve sanitation and hygiene conditions in underserved communities through the constructions of toilets and promotion of sanitation awareness programs. Our mission is to transform lives and uplift communities by providing access to sustainable sanitation solutions.



We have provided services in over 16 estates with 1800+ beneficiaries



- Moray
- Seethagangulla
- Mousakellie
- Brownlow
- Mocha
- Gouravilla
- Gartmore
- Brunswick
- Glentilt
- Happugashtenna
- Galawatta
- Osborne
- Kuda Maskeliya
- Puliyawatta
- Norton
- Maskeliya

Toilets built in partnership with Rotary Clubs



Hand wash system
\$5730

Awareness Programs
\$934

Per Toilet
\$416

Total Cost
\$114,583

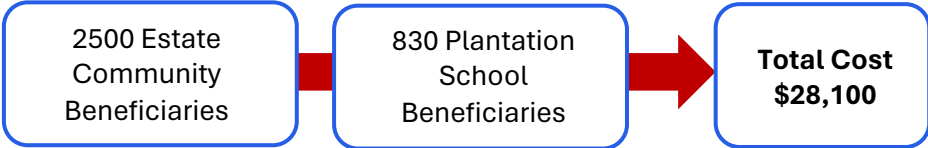




HEALTH SANITATION

CLEAN DRINKING WATER PROJECT

Clean drinking water is central to all other aspects of health. Clean water facilities have been successfully implemented at plantation schools and estates in the Central Province, in partnership with Solihull School UK and Manithaneyam Trust.



Manitha Neyam Trust
Love for Humanity



Estates	Schools
Sannan Estate	Carolina TMV
St Andrew's Lower Division	Gartmore TMV
Nyanza Lower Division	Theivakantha TMV
Kinross Estate	Mousakellie TMV
Hospital: Dickoya Base Hospital	

In 2022, the Sri Lankan economic crisis led to an acute shortage of safe water supply resulting in an estimated 2.6 million people without regular access to safe drinking water and leaving them susceptible to water borne disease. – United Nations



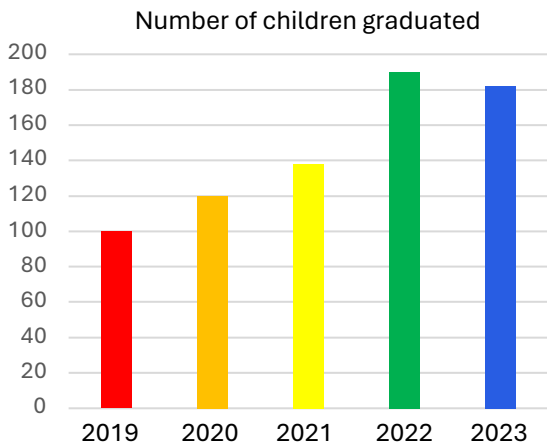
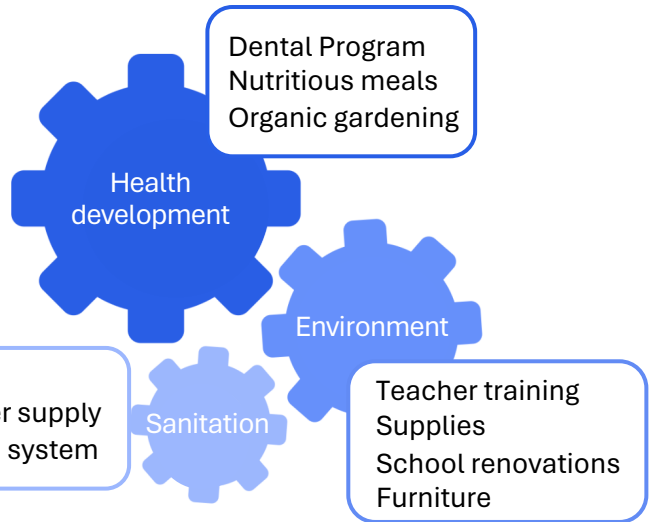
MASKELIYA SCHOOL DENTAL PROJECT

Under the leadership of the Regional Dental Surgeon, Dr. Rantheni, 300 students received free dental care and benefited from an oral health awareness program for parents and teachers. The program was supported by IMHO and will be expanded to the rest of Hatton and Nuwara Eliya Zones.



EDUCATION PRESCHOOL

We believe that one of the most worthwhile investments is early childhood education. Giving children the opportunity to learn and grow in a safe and healthy environment propels the upward mobility of them, their families and society as a whole. In the last 5 years, we have supported over 1000 students to complete their preschool education and continue their primary education in government schools



- Teacher allowance \$4,300
- Nutrition \$16,138
- Other \$4,124
- Total Cost \$25,790**



Development of Hearts Preschool

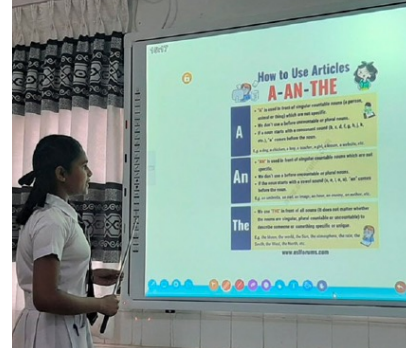
- Sanitation Facility
- Renovations
- Furniture for 4 schools
- Stationary for 7 schools
- **Cost \$1228**





EDUCATION SMART BOARDS

Since 2022, 150 smart boards have been donated to schools in the Northern, Eastern, Northwestern and Central provinces in partnership with the Ratnam Foundation. NWP Tamil medium schools have very limited educational resources. The Smart Board Project was carried out by IMHO USA and Ratnam Foundation with the support of Zonal Education Departments to compensate for the loss of human resources by providing a teaching system through digital smart boards to schools with more than 75 students. The program was also launched at Manalkunru and Senarath Muslim MV in Puttalam, Karukupanai Tamil Junior School and Udappu Kuselam TV in Chilaw. Supported and funded by IMHO and Ratnam Foundation.



Smart Board Beneficiaries

Northern Provinces
Eastern Provinces
Northwestern Provinces
Central provinces

Free Smartboards
Installation
Teacher Training
Practical Workshops
Real Time Practice
Implementation



“Education is for improving the lives of others and leaving your community and world better than you found it”

- Marian Wright Edelman



Ratnam Foundation
(A smart Charity Organisation)



EDUCATION TRAINING

Marakarampalai Preschool teacher training

- Six days Activity Based Skill Development workshop
- February 2023
- 280 teacher from North, Northwestern and Central provinces were trained over the past few years
- 16 Model preschools developed in Vavuniya North, Manthai West and Madhu zones with another 6 due to be developed

English Teacher Training

- 700 Grade 1 and 2 teachers were trained on activity based oral English Program
- 100 Grade 2 teachers were trained on teaching English

Leadership Training

- 200 students enrolled in leadership training



Residential Leadership Training Workshop

- Held in Vavuniya from November 2-5, 2023
- For students who recently took GCE-AL
- 35 students participated

English language Methodology Training

- English language training for 100 teachers
- In collaboration with Ministry of Education & Cultural Affairs & Sports, NP



EDUCATION ENRICHMENT CLASSES

IMHO funded enrichment classes to provide students with additional opportunities to enhance their knowledge and obtain extra help from highly qualified teachers.

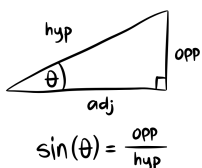


Math, Science & Supporting Classes for O/L Students	
12,000 Students Benefited	Cost \$12,810
Increase University Admission Program	
2,150 Students Benefited	Cost \$3,523
Term Papers Gr 6-9 Students	
5,000 Students Benefited	Cost \$8.500

$$M = \left(\frac{X_1 + X_2}{2}, \frac{Y_1 + Y_2}{2} \right)$$

MURUGANANTHAN PRAGASHPALAN'S MEMORIAL MATH SEMINAR

This program for O/L students in the Hatton region was held for the second time in 2024. Students were provided with handouts and supplementary materials to enhance their learning experience. They were also provided with meals and instruction from experienced resource people.



O/L Students in Hatton Region

930 students

Total Cost \$2750





EDUCATION SCIENCE WORKSHOPS

Science is a core subject that is a necessary foundation for future doctors, nurses, professors, engineers and teachers. We have funded the following resources to enhance science understanding.

Thondaimanaru, Kilinochchi South Zone, March 2023

- 52 students participated in the science program

IMHO-USA Science promotion program Jan-Feb 2022

- Central, North, East, Sabaragamuwa and Western Provinces.
- 9600 science books & 2500 math books for O/L students

Muthur East Area Schools

- Provided Science Quick Reference Books with model papers

Killinochchi South Zone, Nov 15-16, 2023

- St. Theresa Girls College
- NP science practical workshop
- 60 students benefited

Puttalam Sept 2023

- Science Workshop for Grade 11 students
- Nayakkarchenai & Andimunai Schools

Promoting Science

Chemistry
Biology
Physics
Electronics
Electromagnetism
Live Science Workshops
Practical workshops
Workbooks
Model papers





EDUCATION ENGLISH LANGUAGE

English is the main language of the internet, commerce and most written knowledge. A strong understanding of English opens up many job opportunities, so we have chosen to invest in English education in a variety of ways from Fun Reading Bee Program for young children all the way to English enrichment classes at the OL exam. In addition, we have supported programs to enhance computer literacy paving the way for success in the modern world.



Short Term English and Information Technology (IT) Courses

Students who are Waiting for G.C.E O/L Examination Results in Division III, Hatton

Basic computer skills
Internet usage
MS Office Processing
Email & communication
Computer hardware
Online safety



IT

Covered
Course
Curriculum

ENGLISH



Grammar
Vocabulary
Reading comprehension
Writing skills
Listening skills
Speaking skills

IMHO conducted a 4 month English and Computer course for 58 GCE OL students awaiting their results. Luccumbe TMV allowed use of the school computer center for free. IMHO paid only for the teachers' fees and the electricity bill for a total cost of only \$1,000.



**English is the
language of
international
communication**



EDUCATION HIGHER EDUCATION

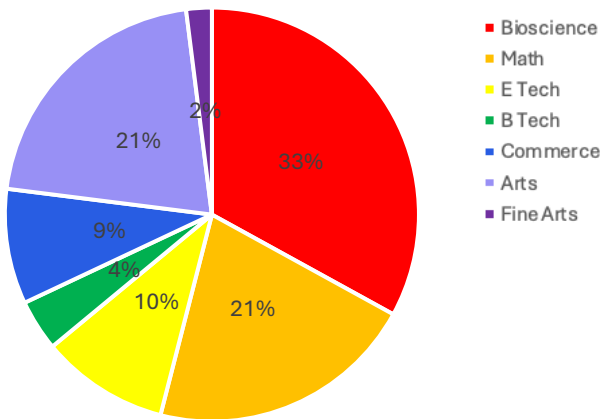
We encourage young people to pursue higher education through scholarship programs by providing monthly financial support to select students in need. We hope to increase access to higher education by allowing lower income students to focus on their studies by helping them with educational and transportation expenses. Higher education often results in higher paying jobs in the future, allowing the students to improve the economic status of themselves and their families.

Nadarajah Foundation Scholarship Program

150 Students

Cost \$12,500

Areas of Study

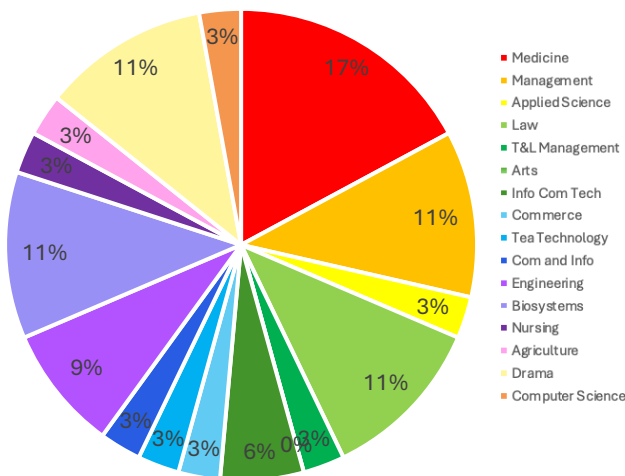


University Students Scholarship

50 Students

Cost \$10,000

Areas of Study





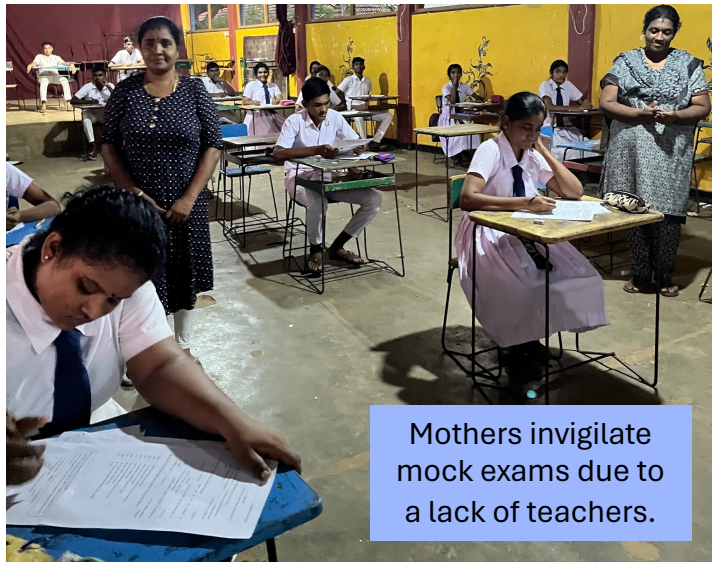
EDUCATION SCHOLARSHIPS



Nadarajah Foundation Scholarship Grant

Many extremely bright students are unable to pursue higher education due to financial constraints. IMHO in partnership with the Nadarajah Foundation has funded several scholarships to help alleviate this inequity and allow these students an opportunity to succeed. Only students in dire financial need are considered for these scholarships.

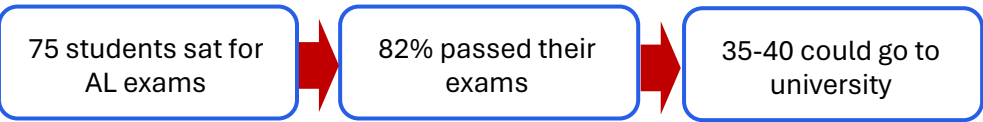
Scholarship Grants Awarded by Nadarajah Foundation	
Science	LKR 2.500
Math	LKR 2.500
E Tech	LKR 2.500
B Tech	LKR 2.500
Arts	LKR 2,000
Commerce	LKR 2,000
Fine Arts	LKR 2,000



Mothers invigilate mock exams due to a lack of teachers.

Scholarship Grants Awarded	
Category	Number of Students
G.C.E A/L	100
University	48

IMHO has granted LKR 5,000 monthly to 18 University students (Medicine, Law, Engineering and IT) finding it difficult to pursue their university education due to poverty.



= These are future doctors, lawyers, engineers and professors. There was a district topper in the batch!

We only spent \$0.25 USD a day for these outstanding results!

English Coaching

- 19 schools, 7 centers, 643 students.
- This program is expected to increase the divisional results by another **5% to the target 50%**



School supplies were given to 21 underprivileged students from Karadipooval, Vavunathievu & Batticaloa. **Total cost = \$200**



EDUCATION RENOVATIONS

Sri Korakkar TMV School has 303 students between Grade 1 – 13. The lack of a perimeter wall compromised safety during evening classes due to the proximity of substance abusers in the area and animals feeding on crops planted by the students. We recently built a wall to help secure the school perimeter leading to a safer and more secure learning environment. **Total cost \$6,500.**



EP Uthayapuram TMV School, Kallaru, Batticaloa serves 300 impoverished students from Grade 1-11. The school needed urgent repair of a badly leaking roof. They only had one toilet without a door for girls and none at all for the boys. There was no fencing around the perimeter leaving the students vulnerable to the substance users outside. IMHO renovated the building, repaired the toilets, built a boundary wall and provided a clean water supply as well as a new computer room. **Total cost \$42,000**



“Education is the most powerful tool you can use to change the world.”

- Nelson Mandela

Moonrampiddy Public School.
Renovated and furnished by IMHO.





COMMUNITY VOCATIONAL TRAINING

We have funded several projects in remote areas to empower people through vocational training. By teaching a way to independently earn an income, we hope these programs will catalyze economic growth and prosperity within the community.

We have been providing vocational training to the young women of Maskaliye since 2022

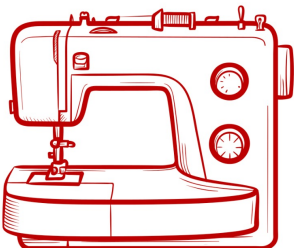


Over 100+ women graduates

Trainees from 15+ remote area

30 women currently enrolled

3 Main skills are taught: dress design, teddy bear making and embroidery



We provide support in the form of

- Teachers
- Materials and tool
- Facilities
- Refreshments
- Certificates
- Telecom facilities
- Tailoring equipment

Total Cost
\$3650



COMMUNITY ORGANIC GARDENING

Our organic home garden initiative has been running for four years and has benefitted over 4,500 individuals across 50 estate divisions. Our project has revitalized local agriculture and promoted sustainability and community resilience.

Gardening Course of 6 months duration

25 youth apprentices

Total cost = \$978

Cash Crop Cultivation Course

- Organic gardening
- Good agricultural practices
- Fruit and vegetable cultivation
- Export agriculture crops
- Medicinal plants
- Plant nursery management
- Floriculture
- Mushroom cultivation
- Animal husbandry



Who Benefited from this program?

- Mother care group
- Savings group members
- Youth
- Preschool
- Estate workers
- Hospital





COMMUNITY SAVINGS GROUP

Savings groups allow those in remote regions to fund small projects that then grow into economic independence for the entire family and community.

Savings = Rs. 6,525,000.00

Borrowers = 65

Outstanding loans = Rs. 355,000.00



65 Savings Groups - 30 Divisions - 1500 Members

Livelihood initiatives started through the Savings Group

Grocery shop
Tailoring shop
Chicken farm
Goat farm
Mushroom farm
Sweet making



Nirosha's journey.....Nirosha is a member of our savings group who launched a poultry farm two years ago. There were numerous challenges right from the beginning, however with sponsorship from IMHO, she persevered and now proudly oversees a thriving farm with 800 healthy chickens. Nirosha's journey from struggle to success highlights the importance of community backing and entrepreneurial resilience.



COMMUNITY MOTHERS CLUB

Mothers clubs are self-help groups formed by women in various villages. They are mainly involved with income generation and other women's empowerment activities. Most of these women support their families single-handedly. Many of the community health workers are also members of the local mother's clubs, which are becoming stronger and more successful with each year. These groups give these women economic empowerment and a sense of support, community and camaraderie.



Locally made high protein supplement powder.



Easy lending and borrowing to support female owned small businesses



Young mothers learn how to cook nutritious meals from locally available ingredients.



Health awareness groups



COMMUNITY EMPOWERMENT

FISHING BOATS - Fishing is a traditional way of life for many Sri Lankan families, providing income and food for the family and the village. IMHO has been providing livelihood support for fisherman families by providing boats for the fisherman to allow them to independently earn their own living. The total IMHO donation for the Batticaloa project was \$32,000. The fishing boat project in Karainagar had 34 beneficiaries, some of whom were women. **Total cost \$13,333**, half from the grant and half from IMHO.



CARING HANDS – The Caring Hands project in Upcountry Sri Lanka provides dry food, home garden facilities and motivational training to almost 300 beneficiaries in Kotagala and Maskeliya. Support provided includes home and school visits and monthly guardian meetings. This has resulted in better awareness, motivation, school attendance, academic performance and more involvement of the children’s guardians.

Surendran’s Story

My name is Surendran. I am from a tea estate where my mother works as a daily wage worker. My father passed away 13 years ago and since then, life has been a tough climb for us. Despite our hardships, I managed to score 9A’s in my O/L examinations. My dream is to become a doctor one day and give back to communities like mine. I have a younger brother and together with my family, we are navigating this journey, fueled by hope and determination.



\$10 per child

\$2,800 a month

Total Annual Cost: **\$33,600**

Home Visits

School Visits

Guardian Meetings



COMMUNITY REHABILITATION

Batticaloa prison is one of the most overcrowded prisons in Sri Lanka with very minimal facilities including access to clean water. IMHO has helped fund project to improve water supply and provided table fans and recreational equipment to make their stay more humane. **Total cost \$8,000.**



IMHO is also supporting a vocational training program at the Jaffna jail. Most of the prisoners are recurrent offenders who wind up in jail due to addiction. Vocational training is an important step in rehabilitation, providing a future means to obtain income and also to reduce recidivism. We are supporting 20 females to learn tailoring and 25 males to learn welding. **Total cost \$3,500.**

Jaffna	Batticaloa
Vocational training Tailoring – 20 women Welding – 25 men	Table fans Water Supply Recreational equipment

Factors associated with involvement in crime

- Poverty
- Lack of education
- Substance Abuse
- Unemployment
- Negative Social Environment
- Childhood Trauma
- Peer Pressure
- Biological Risk Factors

“Studies have shown that inmate participation in education, vocational and job training, prison work skills development, drug abuse, mental health and other treatment programs, all reduce recidivism, significantly.”

– Bobby Scott



Recidivism: the tendency of a convicted criminal to reoffend



GLOBAL OUTREACH

IMHO is primarily focused on impoverished and disadvantaged regions of Sri Lanka. However, over the years IMHO has also contributed to urgent emergency relief efforts in countries including but not limited to Burma, Bangladesh, DR Congo, Egypt, Ethiopia, Haiti, India, Indonesia, Japan, Pakistan, Somalia, USA and Gaza.

Global Outreach 2023 - 2024

- \$2,000 – Chennai, India Flood Relief
- \$5,000 - Turkey and Syria Earthquake Relief \$3,928 - Ethiopia Deaf Education and Empowerment
- \$5,000 - USA Maui Fire Disaster Relief - August 2023
- \$5,000 - Morocco Earthquake Relief Fund
- \$5,000 – Honduras Operating Room Project
- \$10,000 – Haiti, Microscope for Eye Unit
- \$10,000 - Israel Gaza Humanitarian Aid, Doctors without Borders





DONATIONS MAKE A DIFFERENCE

Together with your support, we have impacted more than 2 million lives since we began this journey in 2003. We choose sustainable projects that are efficiently implemented to meet local needs. We adapt with the changing global and political climate and have changed many lives. With your continued investment, we hope to reach countless more.



Our very first primary health care center, built in 2006, is still standing and fully operational today

Donate online



It's easy to donate online at: www.theimho.org/donation/. Any amount that you can afford is welcome. All donations are tax-deductible and upon receipt of your donation, receipt will be issued promptly.

Become a monthly donor



Monthly donors provide a consistent and reliable source of support for our organization, enabling our organization to exist and our work to continue year-round. Donations of all sizes are welcome. As IMHO is a registered 501(c)(3) non-profit organization (federal tax ID# 59-3779465), all donations are tax-deductible under the fullest extent of the law. Upon receipt of your donation, we will promptly issue you a tax receipt.

Donate on Zelle



Zelle is one of the fastest and simplest ways to donate funds. Look for Zelle in your banking app. Email ID for donations: Treasurer@TheIMHO.org

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