

International Medical Health Organization (IMHO)

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IMHO Gives Solar Panels to Families Living in "Garbage Villages" in Egypt

In response to the dire situation in which many struggling families in garbarge villages in Egypt find themselves, IMHO provided support to a group known as "A Remnant Remains" through a contribution of \$5,000 towards their Scalable Solar Electricity Project aimed at providing electricity through solar panels to village homes in Helwan, Egypt. ARR is committed to poverty reduction and sustainable development in the garbage villages of Egypt, driven by the purpose of empowering an overlooked remnant tasked with the burden of collecting society's waste. This goal is to provide solar electricity to every home in the village through a solar node system with shared electricity among homes.

Update on Sri Lanka Efforts

Since our last e-newsletter, IMHO has supported the following vital efforts in Sri Lanka, ensuring projects already initiated are able to continue running without interruption:

- 1. \$600 to support the **Kilinochchi Pediatric Unit** for a period of 6 months, benefiting 23 in-patients at any given time.
- 2 \$5,000 to support the Jaffna Addiction Unit, which serves 10-12 in-patients at any

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- 2. \$5,000 to support the **Jaffna Addiction Unit**, which serves 10-12 in-patients at any given time, for a period of 1 year.
- 3. \$5,000 total (or \$2,500 each) for two units at Manthikai and Tellipalai for ongoing community mental health service delivery and care.



An example of one of the countless homes damaged or destroyed during the war to which resettled families are now returning. This home is in Kilinochchi.

- 4. A quick update on the cardiac catheterization lab at the Jaffna Teaching Hospital: all equipment was delivered, installed, and is now operational. Combined with the completion of staff training, the cath lab is now functional, benefiting those in need of advanced cardiac care in the Northern Province for the first time ever. The first angioplasty was completed on July 6th. Permanent pacemakers operations are now being performed as well.
- 5. The Mental Health Unit at the Kalmunai Base Hospital has been named as a recipient of the **Asian Federation Psychiatric Association (AFPA) Award for Excellence** by the 3rd Asian Congress of Asian Psychiatry. Representatives from the Kalmunai Mental Health Unit and IMHO will be present in Melbourne, Australia on July 31, 2011 to receive the award. We extend our congratulations and appreciation to the entire mental health team in Kalmunai for their immense contribution to the advancement of mental health in Sri Lanka.

Education is Top Concern for Many Families across the Resettled Areas in Sri Lanka

As families displaced by the war continue to return to their native areas throughout Northeast Sri Lanka, most are finding that they essentially have to start over. With the destruction of homes, schools, roads, and much more throughout the protracted conflict, the rebuilding process is going to be long and full of incredible challenges. One of the most acute needs repeatedly emphasized by local partners at the ground is that of rehabilitating the local educational infrastructure amongst the resettled areas. IMHO has supported a number of smaller efforts in this regard, helping to supply students with notebooks, book bags, school supplies, and bicycles, as well as helping to fund afterschool tuition centers. Such efforts are vital for the overall development, both current and future, of these most highly affected areas as people strive to rebuild.

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Past IMHO Events

NorCal Community Contributes to Rebuilding Efforts

Supporters of IMHO and other nonprofits focused on serving those in need in Sri Lanka gathered for a fundraising and social event on Saturday, July 16th at the Warm Springs Community Center in Fremont, CA. Thanks to those who attended the event, vital funds were collected to support efforts to rebuild livelihoods amongst resettled families in Northern Sri Lanka.

Kroger Gift Cards Rebate Program: Get Your State Involved!

IMHO, as a registered partner of the Kroger Company grocery stores community giving program designed to support nonprofit organizations, receives 5% of all reloads on cards for which IMHO is listed as the specified beneficiary organization. Texas recently joined Ohio in participating in this program, and their first rebate check of \$255 for the period of May through July was given. This was done with just a few families signed up...think of what we can do if everyone living in a state with Kroger grocery stores gets involved! All that is needed is to register your state for this giving program, then sell cards specified for IMHO and encourage those who purchase them to reload their cards before buying groceries. For more information or to get involved, please email contact@theimho.org.

Upcoming IMHO Events

Honor Sahana on her 1st Birthday!

WHEN: Ongoing

WHERE: Online campaign at http://www.razoo.com/story/Sahanas1stbday



The family of Sahana Sunder is honoring her 1st birthday by collecting contributions for IMHO to benefit families in need in Sri Lanka. With many families still struggling to put the pieces of their lives back together, IMHO is planning to better serve children in the North through development and rennovation of the Neonatal Intensive Care Unit at the Jaffna Teaching Hospital.

Orange County Food Festival

WHEN: Saturday, July 30th; 5:00-8:30pm

WHERE: Rush Park Auditorium, 3021 Blume Drive, Rossmoor, CA 90720 RSVP: Tickets will NOT be available at the door; in order to attend please speak with one of the event organizers or email coordinator@theimho.org.

Come and enjoy a delicious variety of traditional Tamil cuisine at the 2nd Annual OC Food Festival. This year there will be a kids' Talent Show as well. Spend time with family and friends, and learn about the efforts of IMHO in serving those families in Kilinochchi who have been severely affected by the war. You can learn about some of these families by viewing the presentation HERE.

Focus on Rebuilding: West Virginia Fundraiser

WHEN: Saturday, November 12th; time TBA

WHERE: India Center, 800 Green Road, Charleston, WV 25309

WHAT: For those in West Virginia, please join us as we learn about the reality for those struggling to put the pieces of their lives back together in the war-affected areas of Sri Lanka. Share your ideas and enthusiasm with IMHO as we strive to serve these people in their hour of need. More details TBA shortly.

2011 Semi-Annual IMHO Meeting

WHEN: Sunday, October 2nd; 8:00am-2:00pm
WHERE: Hilton Garden Inn White Marsh, 5015 Campbell Blvd., Baltimore, Maryland 21236

Join us for our 2011 IMHO semi-annual meeting in Baltimore where we will be joined by visiting physicians and others in the development sector who will speak about the major needs affecting people in the countries in which IMHO works, as well provide a forum for discussion and discuss opportunities for supporting this important work.

*Rooms can be booked under a special group rate; more details TBA
*Please RSVP to coordinator@theimho.org

Online Shopping Campaign

WHEN: Now! This is an ongoing campaign taking place online.
WHERE: Go to http://cafegive.com/?cause=IMHO

WHAT: Now you can make purchases from your favorite online stores and earn money for IMHO! Simply login to <u>cafegive.com</u> and shop your favorite stores...Target, Barnes & Noble, Expedia, Macy's, Home Depot, iTunes, and hundreds more. A percentage of all your purchases will go back to IMHO. Just use the following link and start shopping today!:http://www.cafegive.com/?cause=IMHO

IMHO Canada Masquerade Charity Ball for Hope

WHEN: Saturday, September 24th; doors open at 6:30pm

WHERE: Claireport Place Banquet Hall, 65 Claireport Crescent, Etobicoke, ON

M9W 6P4, Canada **HOW MUCH**: \$50/ticket

TICKETS: For tickets, inquiries, or more info about event sponsorship, please contact

Prakash at prakash.kumar79@gmail.com or 416.725.2602.

This formal affair will be a fun, interactive dinner and dance, with 400 masked guests! This event will benefit those deeply affected by poverty and war in Sri Lanka through the following projects: after-school educational programs in Jeyapuram and Kudaththanai (administered by CACM); ambulance for the Cardiology Unit at the Teaching Hospital, Batticaloa; and other IMHO efforts. You can also learn much more at the event website: www.charityballforhope.org.

IMHO Canada Greeting Card Sales

IMHO Canada is pleased to offer greeting cards designed by Sri Lankan youth whereby all profits will benefit youth in Sri Lanka. Each pack of colorfully designed cards comes with 10 cards and envelopes for just \$5! Or you can order 5 packs for just \$20. To order, simply email the IMHO Programs Coordinator at programs@imhocanada.org and give the details of your order.

The cards can either be picked up at the IMHO Canada office or can be mailed to you. If you are picking the cards up at the IMHO Canada office, simply bring a cheque or cash as payment. If you prefer to have the cards mailed to you, please make a donation online HERE and make sure to include \$5 extra for shipping. In either case, please coordinate in advance with the IMHO Canada Programs Coordinator by email or phone.

Be the Difference. Save a Life with just \$1/day! DONATE TODAY!

During this crucial time in Sri Lanka and around the world, as we face monumental challenges in providing better access to quality medical and health care for those most at-risk populations, we need YOUR HELP now more than ever. With **just \$1/day** (or \$30/month)you can help save and improve lives in Sri Lanka and elsewhere. Please consider making a donation to IMHO today. You can **donate online via PayPal as a one-time or recurring donation** (the

You can also **donate via mail** by sending a check made out to "IMHO" to the following address:

IMHO Treasurer
PO Box 61265
Staten Island, New York 10306
U.S.A.

amount & frequency of which are up to you).

All donations are tax-deductible (tax ID code #59-3779465)

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