

2010 Annual Report



International Medical Health Organization (IMHO)

www.TheIMHO.org

2381 Hylan Blvd. #13B
Staten Island, NY 10306





EMERGENCY RELIEF

Responding to natural and manmade disasters worldwide as they occur has been an ongoing commitment of IMHO. In 2010, IMHO supported various emergency relief efforts, including responding to the devastating floods that struck southern Pakistan and the massive earthquake in Haiti. IMHO also supported non-emergency relief efforts, such as a speech therapy program for special needs children in the U.S. and a medical missions trip to Northwest Ethiopia.

HAITI



The devastating earthquake that rocked Haiti on January 12, 2010 produced one of the worst natural disasters of all time, claiming an estimated 230,000 lives and leaving more than 1 million homeless. Already in a fragile situation as the poorest country in the Western Hemisphere, Haiti will be recovering from this tragedy for many years to come.

IMHO is working in partnership with the Dr. Henri Gerard Desgranges (HGD) Foundation to help develop their medical clinic and school in Petit-Goave.

Our own IMHO Secretary, Dr. Thavam Thambipillai, spent 2 weeks offering his surgical expertise as a volunteer in March 2010. IMHO is also currently



serving as the foundation's fiscal sponsor, gave an initial \$1,000 for transporting an ambulance to Haiti, and sent a shipment of vitamins & supplements. In the months to come, IMHO plans to help support the completion of the construction and the long-term development of the *Centre Medico Social* (medical clinic).

ETHIOPIA



Currently one of the poorest nations in the world with GDP per capita at just \$390/year, health concerns abound in Ethiopia. In Fall 2010 IMHO partnered with

the Amhara Development Association, sending a team of 6 volunteers who spent 2 weeks in the Amhara Region of Northwest Ethiopia carrying out a needs assessment, planning future efforts, and offering both supplies and volunteer services in Bahir Dar, Gondar, and Debark. This was simply the first of many efforts to come.

FACILITATED PROJECTS (\$16,000)

Driven by the goal of developing overall healthcare infrastructure and services in the communities we serve, IMHO undertakes many unique efforts that serve this greater goal which are *not* reflected in our financial summary. Following the success of the cardiac catheterization lab project at the Jaffna Teaching Hospital in Northern Sri Lanka which IMHO helped facilitate, the organization enabled several other similar efforts in 2010. This includes the purchase and delivery of 2 cardiac monitors and 2 EKG machines (valued at approx. USD \$10,000) to the Batticaloa Teaching Hospital, provision of computer equipment to the Kilinochchi Hospital Mental Health Unit (valued at approx. USD \$500), purchase of a three-wheeler vehicle (valued at USD \$3,000) to help transport patients to/from Delft Hospital, and provision of emergency shelter for stranded flood victims in Pakistan via funds raised for SUN Charity USA (\$2,500).



MENTAL HEALTH (SRI LANKA)

In light of the conclusion of Sri Lanka's long-standing civil war, many were left physically and mentally scarred by the violence and upheaval. All of this and more have had a tremendous impact on the people's ability to live meaningful lives and to create a sustainable future for themselves. Returnees have gone through severe trauma and have endured the collapse of strong, binding structures like homes and income sources that provided livelihoods for generations. Issues of guilt, depression, aggression, domestic violence, antisocial behavior, and fear are commonplace. As a result, IMHO made mental health a top priority in 2010, supporting such efforts as multi-disciplinary intervention teams, counseling, construction & development of psychiatric units, support for key mental health staff, sponsorship of World Mental Health Day activities, and microcredit initiatives for mental health patients.



AMPUTEE REHAB (SRI LANKA)

IMHO continues to lend its support to a number of projects to serve the needs of war amputees and the physically disabled throughout Sri Lanka. Working with a



handful of partner organizations, including Survivors Associated, the Meththa Foundation, Motivation Charitable Trust, Sivan Arul Illam, the Jaffna Jaipur Centre for Disability Rehabilitation (JJCDR), Mannar District General Hospital, and others, IMHO is committed to the full and comprehensive rehabilitation of war victims and others who are disabled. Through these local partners IMHO helped

to provide prosthetic limbs, wheelchairs & other mobility devices, and physiotherapy to amputees and others in need.

MICROCREDIT (SRI LANKA)

Oftentimes the key to returning patients and those who have endured great hardship to good health is through livelihoods support. The loss of property and income remains a major obstacle in the way of full recovery. Small-scale microcredit & livelihood empowerment efforts have helped people worldwide to emerge from poverty and reclaim their lives, their health, and their futures. The same is true in Sri Lanka where IMHO has been supporting a number of such initiatives in the most affected areas aimed at helping these vulnerable peoples to rebuild their lives.



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2010 FINANCIAL SUMMARY: IMHO USA

Organization	Benefiting Country	Project Description	Amount
Batticaloa Teaching Hospital	Sri Lanka	Speech therapy services and phone support for pediatrics unit	\$1,000.00
Batticaloa Teaching Hospital	Sri Lanka	2 labor/gyno beds	\$5,000.00
Batticaloa Teaching Hospital via CHA	Sri Lanka	Renal dialysis machine	\$24,000.00
BRAC USA	Pakistan	Emergency flood relief	\$3,000.00
Consortium of Humanitarian Agencies	Sri Lanka	Emergency roofing materials for resettled persons	\$4,000.00
Consortium of Humanitarian Agencies	Sri Lanka	Staff support for 2 pre-interns for Kilinochchi Hospital	\$3,600.00
Consortium of Humanitarian Agencies	Sri Lanka	Seed grant for large-scale clean water/sanitation project in Kilinochchi & Mullaithivu	\$30,000.00
Henri Gerard Desgranges Foundation	Haiti	Ambulance for medical clinic in Petit-Goave	\$1,000.00
Hindu Board of Education Children's Home	Sri Lanka	Ongoing nutritional program for orphans	\$8,000.00
IMHO Lanka	Sri Lanka	Shoes & school supplies for 100 war-affected children in Trincomalee	\$1,500.00
Jaffna Hospital Development Assoc.	Sri Lanka	Support for Diabetic Center, blood specimen tubes	\$5,500.00
Jaffna Jaipur Centre for Disability Rehabilitation	Sri Lanka	Artificial limbs and physical rehab for amputees and the disabled in Jaffna	\$24,000.00 (<i>\$36,000.00 pledged</i>)
Jaffna University (Vice Chancellor's Welfare Fund)	Sri Lanka	Support for resettled/displaced university students	\$5,685.00
Kalmunai Mental Health Society (KAMHA)	Sri Lanka	Equipment and supplies for mental health rehab unit at Kalmunai Base Hospital	\$1,000.00
Kalmunai Mental Health Society (KAMHA)	Sri Lanka	Microcredit for resettled families in Kilinochchi	\$9,500.00
Kalmunai Mental Health Society (KAMHA)	Sri Lanka	Sponsorship of World Mental Health Day activities and staff educational grant	\$2,000.00
Keystone Extreme Inc.	United States	To support cognitive, speech, and physical health program for 14 special needs children	\$1,400.00

Meththa Foundation (UK) via Sivan Arul Illam	Sri Lanka	Artificial limbs and other mobility equipment for amputees in Mannar; moulds	\$9,000.00 <i>(\$12,900.00 pledged)</i>
Moolai Hospital	Sri Lanka	Mobile clinics at Sandilipay	\$8,000.00
Motivation Charitable Trust (UK) w/ OfFER	Sri Lanka	40 Outdoor Wheelchairs for Amputees & Disabled	\$8,400.00
Negombo Hospital via Sri Lanka College of Psychiatrists	Sri Lanka	Renovation of psychiatric unit	\$2,600.00
North Lanka Cancer Patient Welfare Association via JTH	Sri Lanka	Renovations/development of cancer care unit at Jaffna Teaching Hospital	\$2,600.00
Partners in Health (US)	Haiti	Emergency Relief efforts following earthquake disaster	\$5,000.00
RDHS Mannar via CHA	Sri Lanka	Mobile medical clinics	\$12,500.00
RDHS Jaffna	Sri Lanka	Quality improvement renovation for Point Pedro Base Hospital	\$5,000.00
RDHS Mannar	Sri Lanka	Staff support for 4 pre-interns in resettlement areas	\$5,600.00
Sivan Arul Illam	Sri Lanka	Ongoing health support program for orphans	\$3,804.00
Sri Ramakrishna Saradha Sevashramam	Sri Lanka	Ongoing nutrition program for poor students in Point Pedro	\$4,000.00
St. John's College—Jaffna	Sri Lanka	Playground for war-affected school in the Vanni	\$1,000.00
Survivors Associated	Sri Lanka	Microcredit for families in Mannar	\$5,000.00 <i>(\$10,000.00 pledged)</i>
Survivors Associated	Sri Lanka	Rubber sheet walls for flood victim's houses	\$5,000.00
Tellipalai Mental Health Society	Sri Lanka	Mobile mental health team and psychosocial programs in Jaffna	\$8,500.00
Tellipalai Mental Health Society	Sri Lanka	Psychosocial rehab in Kudil; mobile mental health clinics	\$5,200.00
Valaichchenai Hospital	Sri Lanka	Psych unit flood relief	\$3,750.00
Misc.	Sri Lanka	Sponsor 3 physicians to attend 6-week psych course in Montreal	\$3,000.00
IMHO-organized volunteer trip	Ethiopia	2-week volunteer medical trip to Bahir Dar, Gonder, & Debark	\$5,677.70
TOTAL (Programming)			\$233,816.70 <i>(\$254,716.70 w/ pledges)</i>

In-Kind Donations			
ECHO Machine	Sri Lanka	For Batticaloa Teaching Hospital	\$20,000.00
Glucometers	Ethiopia	90 glucometers and strips	\$7,200.00
Basic Medicines & Supplies	Ethiopia	4 J&J Medical Missions Packs, gloves, urine chemstrips, BP cuffs, otoscope, ophthalmoscope, bags, & teaching supplies	\$6,450.00
Sports Equipment	Ethiopia	Football/sports equipment	\$460.00
Cardiac Monitor	Sri Lanka	For Batticaloa Teaching Hospital	\$600.00
Basic Medicines & Supplies	Sri Lanka	Glucometers, digital blood pressure machines, medicines	\$3,360.00
Vitamins/Supplements	Haiti	For HGD clinic in Petit-Goave	\$7,419.00
TOTAL (In-Kind)			\$45,595.00
TOTAL		ALL PROGRAMMING & IN-KIND DONATIONS	\$300,311.70 with pledges

Please make your tax-deductible donation to IMHO today and support our important work in saving & improving lives abroad! Our federal tax ID# is 59-3779465. A tax receipt will be promptly issued for all donations received. You may donate:

- **Online:** Use PayPal to make an online donation. Go to www.TheIMHO.org.
- **Direct Debit:** Set up a recurring contribution online, the amount and frequency of which are up to you.
- **By Mail:** Send a check payable to "IMHO" to IMHO Treasurer, PO Box 61265, Staten Island, NY 10306.



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International Medical Health Organization—IMHO Canada



2010 FINANCIAL SUMMARY: IMHO CANADA

Major strides were taken in 2010 in completing the transition of IMHO Canada into becoming a fully independent organization. As the organization continues to grow, we are pleased to be able to share their many accomplishments with you...

Organization	Benefiting Country	Project Description	Amount
Consortium of Humanitarian Agencies	Sri Lanka	Construction of 50 permanent toilets	\$37,470.00
Jaffna Jaipur Centre for Disability Rehabilitation (JJCDR)	Sri Lanka	Financial Assistance for the production/ Supply of (25) Indoor Wheelchairs	\$3,000.00
Kalmunai Mental Health Society	Sri Lanka	Staff training transport support for 5 health volunteers	\$3,400.00
Kalmunai Mental Health Society	Sri Lanka	Three wheeler for community mental health activities	\$3,300.00
Magasakthy Women Federation	Sri Lanka	Microcredit/income generation support for war-affected women-headed households	\$5,000.00 (\$9,300.00 pledged)
Medecins Sans Frontieres—Canada	Haiti	Emergency earthquake relief	\$5,000.00
Sivan Arul Illam	Sri Lanka	Supportive care for 112 children to improve nutritional and educational standards	\$18,000.00
Sivan Arul Illam	Sri Lanka	To employ physiotherapy trainees (10) to treat 30-40 Post war victims in Mannar Hospital	\$4,800.00 (\$14,400.00 pledged)
Tellipalai Mental Health Society	Sri Lanka	Support for multi disciplinary intervention team for Mental Health service users	\$5,500.00 (\$24,000.00 pledged)
Tellipalai Mental Health Society/Delft Hospital	Sri Lanka	Medical equipment and better facilities to improve treatment at Delft Hospital	\$9,600.00
Tellipalai Mental Health Society/RDHS Jaffna	Sri Lanka	Nutrition Supplementations to 250 malnourished pregnant mothers for 1 year	\$3,500.00 (\$11,000.00 pledged)
Yogasakthy Women Federation	Sri Lanka	Microcredit/income generation support for war-affected women-headed households	\$5,000.00 (\$9,300.00 pledged)
TOTAL			\$103,570.00 (\$147,770.00 w/ pledges)

Please visit www.IMHOCanada.org for more information.



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