



International Medical Health Organization (IMHO)

IMHO Year End Progress Update -2016

Dear Donors and Well-wishers:

The IMHO Board of Directors who are volunteers with a passion to serve the needy would like to take a moment to reflect on how far we have come together over the past year, and express our sincere gratitude for your thoughtful support of our mission and efforts. IMHO has supported relief efforts since 2004.

IMHO responds in times of crises and also works to strengthen health systems in under-served communities. Our efforts since our inception have resulted in over US \$4.5million in financial and material support to various projects. The vast majority of these funds have benefited communities including single mothers deeply affected by chronic poverty and patients afflicted by kidney disease and malnutrition. Other health issues, educational, water, and sanitation needs across Sri Lanka with a greater focus on the remote areas in the North and East of Sri Lanka are also being addressed. Nearly \$300,000 has been spent on program expenses from January through end of November, 2016.

IMHO has also been at the forefront of raising awareness and improving care in the fields of mental health and chronic diseases like diabetes and heart disease. We have spearheaded the recent initiative to establish the first Diabetic Center in the Batticaloa District and are continuing to implement a number of projects including but not limited to the following:

Project	Cost/Year (US\$)
1) Accessible toilets for the spinal cord injured people	40,000
2) Water wells for the spinal cord injured people	12,000
3) Livelihood and housing support for the resettled families in Sampoor	30,000
4) Support for Destitute Children in Upcountry to continue their education	12,000
5) Mobile clinics for the disabled people and remote difficult to access areas	10,000

The number of requests coming from trusted local care givers and nonprofit partner organizations in Sri Lanka has grown steadily in recent months. We need your support and sponsorship going forward in order to match the growing requests for these services.

IMHO has always been willing to lend a helping hand wherever there is a need. IMHO has also supported efforts in several other countries which includes an ongoing project in Ethiopia to help deaf children. We also responded to Ecuador Earth Quake Disaster Relief (\$2,000), Amatrice Italy Earthquake Relief (\$1,000), Haiti Hurricane Matthew Relief (\$2,000) and

Louisiana Flood Relief (\$2,000). Due to our vast network of reliable local partners, we can be assured that aid and assistance is being provided both efficiently and effectively. We also believe in providing a holistic set of services and support to help pull marginalized and struggling communities out of poverty to ensure that all people have the ability to lead a healthy and fulfilled life.

Our work is only possible through your support and generous contributions. As we begin a new year, please consider making a tax deductible donation or gifts of appreciated property per consultation with your tax advisor. Your contribution to IMHO today will help create a new beginning for others in need with the recognition that the current admin cost is only two to three percent which is covered by donations from the board members. It is also noteworthy that the IMHO Board of Directors are not compensated for personal expenses for travel etc.

We take this opportunity to thank you again and wish you all a happy holiday season.

Best regards,
Team IMHO

**Be the
Difference.
Save a Life
with just
\$1/day!
DONATE
TODAY!**

With **just \$1/day** (or \$30/month) you can help save and improve the lives of persons in need in Sri Lanka and elsewhere around the globe. Please consider making a donation to IMHO today. You can **donate online via PayPal as a one-time or recurring donation** (the amount & frequency of which are up to you).

You can also **donate via mail** by sending a check made out to "IMHO" to the following address:

IMHO Treasurer
P.O. Box 341466
Columbus, OH 43234
U.S.A.

All donations are tax-deductible (tax ID code #59-3779465)